

Leadership Lesson Plan:

HEROES

This year's HOSA National Theme is "**HOSA: Where one Person's Passion Becomes Another Person's Hero.**" As a classroom teacher and chapter advisor, can you use the concept of "hero" to teach leadership?

This lesson plan is a reading and writing assignment with class discussion that requires evaluation and problem-solving. At the conclusion of this lesson, students should be able to:

1. Understand their own definitions of leadership and hero.
2. Describe the story of Frances Kelsey.
3. Understand the importance of leadership in the health care professions.

LESSON PLAN

1. Divide students into small groups of 4-6. Assign a group leader and recorder. Give groups 5 minutes to answer the question: **What are the characteristics of a good leader?**
2. Have students read the article about Frances Kelsey at http://www.fda.gov/fdac/features/2001/201_kelsey.html. This can be done as a homework assignment or in class.
3. Have students return to their small groups and answer the questions from the "Heroes and Leadership" page. The group leader should assure that all group members take part in the discussion. The group may wish to refer to the notes previously taken by the recorder. The recorder should also take notes on the "Heroes and Leadership" page. Give groups 20 minutes to complete this assignment.
4. As a conclusion, ask students to write a one-page essay on "The Importance of Leadership in the Health Professions."



HOSA invites you to send your favorite essay to hosa@hosa.org, along with the name of the author and a digital photo. We may include your student's essay in the next HOSA E-magazine!

HEROES AND LEADERSHIP

- 1. Did Frances Kelsey demonstrate any of the characteristics of good leadership that you identified?**
- 2. Would you consider Frances Kelsey to be a "health care hero?" Why or why not?**
- 3. Are all leaders heroes?**
- 4. Are all heroes leaders?**
- 5. Who are your heroes?**
- 6. How important are healthcare heroes to you in your pursuit of a health career?**