

# The Advisor

News for HOSA Chapter Advisors

## HOSA, Inc. Board of Directors Met in Dallas

On January 4, 2003, the HOSA, Inc. Board of Directors held its annual meeting in Dallas, Texas. A highlight of the annual business meeting was the election of HOSA, Inc. Board officers.

The newly-elected Board officers are:



Belinda Mahone (TX)  
Chairman



Regina St. George (GA)  
Chair-Elect



Teresa Williamson (TN)  
Secretary

A special thanks to Nancy Allen (SC), 2002 Board Chairman, for the outstanding leadership that she provided National HOSA during her term. Nancy will continue to serve on the Executive Committee as the Immediate Past Chairman. We would also like to thank Kathy Turner (NC) for her leadership as Board Secretary.

Five (5) Board positions are open for election in June 2003:

- Region II Local Advisor  
States: AL, AR, FL, GA, IL, IN, IA, KY, MN, PR, TN, WI
- Region III State Level  
States: ME, MD, MI, NC, NH, NJ, NY, PA, SC, VA, WV
- HOE Supervisor/Teacher Educator Representative
- Health Care Advisory Board Representative
- HOSA Alumni/Director-at-Large

**Chapter Advisors!** Are you interested in providing leadership for HOSA at the National level? If you are from one of the states in Region II, you are encouraged to seek a Board position.

Local chapter advisors play an important role on the HOSA, Inc. Board of Directors. As a board member, you are the voice of the local advisor and a representative for the region. We strongly encourage you to seek a Board position!

**Ask your State Advisor for an application. The deadline for submission is May 15, 2003.**

MARCH 2003

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# BOARD ACTIONS

Board actions at the 2003 HOSA, Inc. Board of Directors Meeting include:

- Partnerships with the National Vocational-Technical Education Honor Society and Who's Who Among America's High School Students were approved to encourage chapter advisors to seek recognition for the academic, leadership, and career preparation of HOSA members. Agreements are being finalized with both organizations.
- Health Occupations/Health Science Education will be the official name of the instructional program in HOSA publications.
- The following changes were approved regarding National Officer Candidate Eligibility:
  - National officer candidates must have completed their junior year of high school.
  - National officer candidates must document a minimum 2.0 GPA (based on a 4.0 scale).
- Non-school based health related organizations (Medical Explorers, AHEC Health Clubs, etc.) can be offered the opportunity to affiliate with HOSA as an Associate member if approved by the HOSA State Association.

## 2003 National Leadership Conference

***Preparations are near completion for NLC 2003 in Atlanta, Georgia!***

HOSA delegates will be located at three hotels: Hilton Atlanta, Atlanta Marriott, and Hyatt Atlanta. Your state assignment can be found at [www.hosa.org/nlc/nlc03.htm](http://www.hosa.org/nlc/nlc03.htm). Competitive events will be located at all HOSA properties.

This year's skill events will be held at three sites: Atlanta Technical College; Gwinnett Technical College; and Georgia State University. **Dr. Catherine Faust**, LIFE University, serves as HOSA's Judge Coordinator NLC 2003. HOSA is extremely grateful for Dr. Faust's commitment to recruit qualified judges for this year's national competitive events.

If you have parents, chaperones, or alumni members who are qualified and willing to serve as a judge, you can download a judge invitation letter and registration form at [www.hosa.org/natorg/partnerships/CompetitiveEventJudges.html](http://www.hosa.org/natorg/partnerships/CompetitiveEventJudges.html)

**Note:** All Delegates to the NLC (student members, advisors, alumni, chaperones and parents) must pay conference registration, even if they agree to judge. HOSA is grateful to the hundreds of delegates who will serve in a variety of volunteer roles at NLC 2003 as event personnel, dance chaperones or judges.

We wish to extend **special thanks** to **Regina St. Georgia**, Georgia HOSA State Advisor, and the **Georgia HOSA** State Association for hosting NLC 2003.



2002-03 National Executive Council led by National President Joel Arvizo.

# Scholarship Opportunities

Chapter members are encouraged to apply for HOSA Scholarships.

The HOE Division of ACTE is offering an additional scholarship opportunity to HOSA members by offering one scholarship exclusive to HOSA members and one scholarship to any HOE/Health Science student. HOSA members may apply for both scholarships. The application is available at [www.hosa.org/member/scholar.html](http://www.hosa.org/member/scholar.html) or from your State Advisor.

Several HOSA Partners offer scholarships:

- Delmar - \$1,000 Scholarship
- Who's Who Among American High School Students Scholarship Foundation -- \$4,000
- HOSA - \$1,000 Scholarship

## Alumni Hall of Fame

The Alumni Hall-of-Fame at [www.hosa.org](http://www.hosa.org) features six (6) alumni success stories.

**Local Advisors.** Do you have a former HOSA member who is a practicing health professional? If so, visit the HOSA's online Career Center and follow the instructions for nominating an alumni member to the HOSA Alumni Hall-of-Fame at [www.hosa.org](http://www.hosa.org).

## National Officer Candidates

Please encourage outstanding HOSA members from your chapter to run for national office. National officers have the opportunity to use his/her leadership skills as an ambassador to this great student-led organization.

Last year, there were no slated officers in the Postsecondary/Collegiate Division. We are hopeful that you will pay particular attention to qualified candidates in this division so all HOSA divisions will be represented appropriately.

Contact your State Advisor for information on how to run for a national office.

# Competitive Event Update

The latest CE guidelines are posted on the HOSA web site at [www.hosa.org/natorg/sectb/index.html](http://www.hosa.org/natorg/sectb/index.html). CE highlights can be found on pages 11-14 in the NLC Guide.

**Physical Therapy.** A revised test plan reflects the deletion of the Kinesiology book and is described in the NLC Guide.

**Special Needs Events.** In an effort to assure that appropriate accommodations are made for competitors in Personal Care, Rescue Breathing, Interviewing Skills, and Speaking Skills, a form was created and must be mailed by the State Advisor along with NLC forms on May 15. This is a new process. As a reminder, HOSA will make recommended accommodations that are reflected in the student's IEP and that were provided at the State Leadership Conference.

**Extemporaneous Health Poster.** Competitors will be allowed to use headphones and a personal CD player provided that music is only heard by the user.

*Look for updates and clarifications in the 2003 NLC Guide.*

## HOSA TALENT SEARCH

In preparation for the general sessions at the 2003 NLC, HOSA will showcase HOSA members who are willing to sing at a general session.

**Chapter Advisors.** If you have a chapter member you would like to recommend for a patriotic song at the Opening or Closing Session, please contact your State Advisor. He/she will request a video recording to send National HOSA for review.

The deadline for State Advisors to submit videotapes is **April 1, 2003**.

If you have any questions regarding the video, please contact your State Advisor.

## Education Site



A teacher said that her favorite part about USA TODAY's Education website was that she could tell the night before what articles were going to be in the next day's newspaper. Some of the teacher's colleagues were impressed – not knowing that USA Today lesson plans are posted the night before the publication is printed!

If you are a middle school or high school HOSA Advisor and Health Occupations/Health Science instructor, you'll find an instructional resource at [www.usatoday.com/educate/home.htm](http://www.usatoday.com/educate/home.htm). The daily lesson plan always has at least one article that is health-related.

Check out the Collegiate Section at [www.usatoday.com/educate/college/home.htm](http://www.usatoday.com/educate/college/home.htm). Go to the menu bar at the top of the page and notice a section on Health & Science. This is an EXCELLENT resource for the Health Occupations/Health Science classroom.

Another exciting section involves a series of case studies. Check out these case studies at [www.usatoday.com/educate/college/case-studies.htm](http://www.usatoday.com/educate/college/case-studies.htm):

### Steroids: Are they worth it?

There are sports figures who use anabolic steroids to enhance their athletic prowess, but at what risk? Players acknowledge there is pressure to take steroids to compete. However, doctors caution that side effects from steroid use can include kidney failure, heart disease, brain tumors and impotency as well as behavioral changes. And yet, some contend that when used in lower doses there isn't a negative effect on liver function, the immune system or cardiac risk profile.

Should athletes be tested? The decision of whether or not players should be tested for steroids and how that would be implemented brings about questions of privacy, fairness and the politics of sports. This case study will review viewpoints and policies from Major League Baseball and other sports like the NFL, NBA, U.S. Olympic team, NCAA and high school sports.

### Diabetes

With over 17 million American afflicted and over 30 million projected by 2050, diabetes has become an alarming problem in this country. In the past it affected primarily older people but because of our sedentary life styles and poor eating habits younger generations are now suffering. This case study will focus on the disease, those who are affected by it, how to cope with it and promising new research and developments.

### Weighing in on Healthy Living

Living a healthy and long life is a common goal, which is often reinforced as a New Year's resolution. For many, it is easier said than done. As a 90 year old said, "If I had known I would live so long, I would have taken better care of myself." Being overweight and overstressed continue to be major health issues. By examining the challenges of others and seeking the advice of experts, a healthy life can become a reality — not just a dream.

### Bioterrorism

Are we ready for the invincible invader? How many people will live or die from a bioterrorism attack? It hinges on decisions made from a medical system that is learning how to react immediately with the help of Federal, state and local officials. This case study examines how anthrax is made, how agents are spread, who is at risk and the role of genetic research in combating bioterrorism.

### Human Genome

Biotech and genetic research promises to yield huge benefits to patients of the future while becoming a multimillion-dollar industry. The three USA TODAY articles in this case study present the scientific progress made and the challenging questions it is generating. Technology has the potential to redefine the moral landscape. Will it? It is an important topic of discussion for current and future leaders in business, government and communities.



## Community Science Action Guides

Go to [www.fi.edu/guide/index.html](http://www.fi.edu/guide/index.html) and you will find a series of links to good instructional resources. If you select "Life Science" and then "The Ethics of Genetics" you will find information about teaching bioethics. The section includes a teacher's guide, questions for students, and a list of resources.

The questions section helps to frame the ethical issues involved in genetics. Each question is accompanied by a complete lesson taken from the Internet to highlight the question. The Resources page has more links that will attempt to answer these questions.

For example:

- **What are the Key Issues of Cloning?**  
Investigating the Ability to Create Human Embryos from Cloned Cells: An Ethics Debate from the New York Times. After a study of the issues in cloning, students write an exposition or a persuasive argument using an interview of a cloning specialist that addresses an issue from the debate on cloning.
- **Do Parents have the Right to Determine which Genes their Unborn Baby will have?**  
This lesson provided by AAAS offers a comprehensive investigation that parents will face in the near future: If our unborn child is carrying CF, what can be done about it and what should we do?

## Instructional Resource Link

PBS (the Public Broadcasting System) has a special website for teachers called "PBS Teacher Source" at [www.pbs.org/teachersource/](http://www.pbs.org/teachersource/). Select "Health and Fitness" or "Science and Technology" to find lesson plans on topics such as:

- Anatomy
- Death and Dying
- Diet and Nutrition
- Genes and Inherited Risk
- Illness & Disease
- Treatments and Medicine
- Workplace Health
- World Health
- Human Physiology

This site includes a variety of comprehensive lesson plans with handouts. While the activities may relate to a show or PBS or NOVA, the lesson plans are self-contained.

## PUZZLEMAKER



Classroom teachers are always looking for exciting learning resources that can be adapted to their course content. If puzzles are your thing, then [www.puzzlemaker.com](http://www.puzzlemaker.com) may be the site for you!

With Puzzlemaker, teachers can make and print a variety of word and math puzzles. It's an easy process and fun to do. Because the Puzzlemaker is free and on the web, teachers can assign students to design puzzles as a classroom assignment.

HOSA purchased the Puzzlemaker CD that is available on the [www.puzzlemaker.com](http://www.puzzlemaker.com) website. The CD is easy to use with a variety of puzzle options available.

Each month, HOSA will present a new puzzle as a resource for HOSA advisors. If you have any suggestions for future puzzles, please e-mail your ideas to [hosa@hosa.org](mailto:hosa@hosa.org).

