



HOSA MEMBERS VOLUNTEER IN THE COMMUNITY

VOLUNTEER

By Anissa Sirois and Breanna Franklin
Deltona High School (FL) HOSA Seniors

HOSA is not only an organization that teaches the value of leadership and teamwork, but an organization that strives to help others. Volunteer work is the most beneficial way to help local members residing in your community. There are many different ways to help your community, whether it be participating in a charity walk such as the Leukemia and Lymphoma Society "Light The Night Walk", and Autism Speaks walk, or the March of Dimes. You chapter can help out with these local agencies and participate as a "team" or lend a helping hand and assist as event personnel.



Chapters can also reach out to the local fire departments during fire awareness week and safety day by setting up informational booths and assisting with vital sign check stations. Hospitals, too, are in need of volunteer help within their Teen Volunteer Programs. HOSA members of any given school can volunteer their time to organize a school-wide health fair for all students to attend, as well as hosting a blood drive for students to be able to help save a life.

Helping others helps us grow as individuals and as leaders...so get out there and volunteer!!!

News from NEVADA HOSA

By Megan Laadenslager, Sean Sheffer, Tiffany Hedges, Sarah Watt

NEVADA FLX IS A HUGE SUCCESS

This October, state officers and HOSA members attended the Fall Leadership Extravaganza, or FLX as it is commonly referred to. The Fall Leadership Extravaganza was a one day conference that was packed with a lot of useful information. Along with FBLA and DECA, HOSA members were exposed to many new contacts from both organizations. During the workshops, state officers helped chapters with membership, fundraising, and leadership. Also, members got to enjoy a luncheon in which they got to learn parliamentary procedure and etiquette training. For our first time attending the Fall Leadership Extravaganza, it was an absolute success!

STATE LEADERSHIP CONFERENCE

Get ready Nevada HOSA members! March 15th through the 17th is the State Leadership Conference in Reno, NV. At SLC, HOSA members will be able to compete in a chosen event, attend educational symposiums, and meet fellow HOSA members.

Opening Session will be on the 15th and it will include slide shows, State Officer presentations and afterwards a social where HOSA members can meet State Officers and other members of Nevada HOSA! The 16th will be when competitive events will be held in various places around the Truckee Meadows including UNR, and TMCC. New events for Nevada this year: CERT, Career Health Display, Medical Reading and more.....

The 17th will be Closing Sessions and the Award Ceremony. This will take place in the Student Union Theatre and new State Officers will be announced. Hope to see everyone there and good luck!

LEGISLATIVE EXPERIENCE IN CARSON CITY

This February 25-26, HOSA State Officers will join Nevada FBLA, DECA, FCCLA, FFA and SkillsUSA officers in Carson City to learn about legislation. Along with learning about what Nevada Legislators do, we will be meeting with our local assemblymen and senators to promote support of Career and Technical Education. The State Officers will have a refresher course in Parliamentary Procedure.