

HOSA

Icebreaker

Materials:

Colored paper, pens, markers

Procedure:

Cut the colored paper into squares of 2x2 inches and place a number (1-10) on each square. Make about 30 sets of numbers and place in a large bowl. Mix the numbers up and ask each member to draw a number out of the bowl. The number corresponds to the number of things that they must explain about themselves.

Lesson:

This icebreaker allows each person to tell information about themselves that people in the group do not already know. This allows each person to introduce him or herself in a unique manner.

