

Guess Who's Coming to Dinner

Audience: This icebreaker can be used with a group of HOSA members who already know each other or who are just getting acquainted.

Materials: Name tent, 1 per participant (or use a large index card)
Markers

**Number of
Participants:** Unlimited

Purpose: Getting to know each other, learning more about each other

Time: 5 – 30 minutes, depending on the size of the group

1. Hand out materials, 1 name tent or large index card per participant.
2. Tell the group that you are playing a game titled “Guess Who’s Coming to Dinner.”
3. Each person gets to invite one person to dinner. This can be any living person in the world.
4. Explain that he/she will have one hour to dine and talk with this person. “The only “magic” we can do is bringing the person of their choice to dinner. The location is a quiet dining room, just you and the person you choose.”
5. Give the group 2 – 5 minutes of “think time” to think carefully about whom they would invite. At the end of the time limit, each person should write his/her invited dinner guest’s name on the name tent.
6. One at a time, have participants reveal their choice and explain why they chose this person.
7. Debriefing is optional. It may be interesting to look at the category of dinner guest that was invited. Was it someone famous? Was it someone the participant knows? Was there a specific reason for inviting the chosen guest, such a desire to influence that person?
8. Conclusion – Thank participants for sharing.

