

Realistic & Challenging

GOAL-SETTING

Something to Think About...

- What would you be doing with your life if you knew that you could not fail?
What would your goals be?
- What would you dream if you knew that your dreams could come true?
What goals would you set for yourself if you had unlimited resources to accomplish those goals?
- What career would you pursue if you had the talents, skills and interest to overcome any obstacles?

- ◆ **You must first believe in yourself if you are to accomplish your goals.** Success and happiness only come to those who believe in themselves and are willing to put forth a total effort in accomplishing their goals. Success and happiness are not destinations. They are exciting, never-ending journeys.
- ◆ **Your journey will begin as soon as you have a map to your destination.** Your map must be a detailed plan as to how you can accomplish your goal. If you do not have a map, it will be impossible to reach your destination in the shortest amount of time and with the greatest amount of ease.
- ◆ **What is a goal?** A goal is something you want to accomplish. A goal gives your life purpose. A goal, however, is more than a dream. A goal is an action plan to get where you want to be. A goal tells you where you want to be, not where you've been.
- ◆ **How do you learn to set goals?** It's simple. Start with a plan. Remember, most people fail not because they lack talent, money or opportunity. They fail because they never planned to succeed. You must plan your future if you want to succeed.
- ◆ **What is a creative goal setter?** A creative goal-setter is able and prepared to meet challenges without relying upon someone to help overcome them. A creative goal-setter is not defeated by frustration and anxiety caused by change.
- ◆ **Progress toward accomplishing a goal is only made one step at a time.** The creative goal-setter is patient. The creative goal-setter knows that a house is built brick by brick. A football game is won play by play. A goal is achieved step by step. Every big accomplishment is a series of small accomplishments linked together.

The successful leader does not ask, "Can I do it better?" He or she knows the answer is yes. Therefore, the question is phrased "How can I do it better?"

