

Icebreaker

HAVE FUN!

Materials:

(numbers vary, depends on the number of participants)

Small lunch sacks

Various assortment of candy such as candy bars, M&M's, etc.

(candy that is contained in a wrapper)

One piece of candy that is unique and does not look like the others

Note cards

Pens, pencils, or markers

Purpose:

The purpose of this icebreaker is to bring an entire group of members, who do not know each other, together. This also allows them to realize that when even though they may not know a person, they make an impact and are a part of the lives of others. This icebreaker allows members to get to know each other in a fun and unique way!

Procedure:

Determine the number of participants in this icebreaker. Assemble one sack with one note card, pen, and piece of candy per participant. Give one sack to each person at the assembly. Place the "special, unique" piece of candy in one of the sacks.

After all the bags have been distributed, explain that each person must exchange their candy with as many people as they can. When they exchange their candy, they must write their name on the note card provided. When time is up, ask who has exchanged with at least five people, ten people, etc. Determine who has exchanged the most. Then ask who has the "special, unique" candy (describe what it looks like). Then ask everyone who exchanged their candy with that person to stand up (many people should rise). The purpose of this is to display that even when we may not realize it, we have an impact on others small and large and whether we realize it or not.

By the end of this icebreaker, every person should have a different piece of candy and should have met different people.

