

The Key to Success

In HOSA Competitive Events



The key to success in HOSA Competitive Events is easy!

1. FOLLOW THE DIRECTIONS.
2. BE PREPARED.

The “directions” are detailed in the HOSA event guidelines. The most current version of the guidelines for all events can be found at <http://www.hosa.org/natorg/sectb/index.html>



Future healthcare professionals know how important it is to read the instructions before using any equipment, or read the orders before giving patient care. In HOSA, reading the directions is essential to success in competitive events, and those directions are found in the event guidelines.

At NLC 2009, almost half of all competitors did not study the guidelines and follow every detail. Many of those competitors lost points, and it made a big difference for who went home with a medal, and who went home empty-handed. 😞

Successful competitors read and study the guidelines. If you have any questions about the event rules or suggestions for improving the guidelines, send an e-mail to hosa@hosa.org.

- Being prepared means following the guidelines, learning as much as you can, and practicing your skills.
- In skill events, you must perform the procedures at 70% accuracy or higher in order to be recognized. That takes practice!!
- In events that require knowledge, the key is to know more about the topic than the other competitors!

GOOD LUCK in local, area, regional and state HOSA competitive events, and we'll see you in Orlando in June 2010!