

IDEAS FROM HOSA WEEK 2005

A list of sample activities that chapters can sponsor as part of HOSA Week, November 5-11, 2006.



School or Community Service

Bring a Book for Literacy

Teachers and students collected over 100 books for partner schools in education.

Pensacola Catholic High School, FL

Free Medical Clinic

Students volunteered and performed health screenings that included glucose, pregnancy, blood pressure and urinalysis. They also translated medical information and services for Spanish-speaking patients.

CAVIT, AZ

Canned Food Drive

The chapter collected canned foods in conjunction with the County Sheriff's office to feed the needy. A bulletin board advertising the drive and showing collection goals and achievements was designed and displayed in the school.

Land O' Lakes High School, FL

Alzheimer's Facility

HOSA members visited the local Alzheimer's Facility in their area. Alzheimer's residents were given scrap books in order that they and their families could place memory jogging pictures in them. The students also took the time to discuss HOSA with the administration and individual staff members.

Colquitt County High School, GA

Memorial Walk/Run

This walk/run is held in order to raise money towards scholarships that are given to two students that are enrolled at the skill center, and are also active in a student club.

Bay-Arenac ISD Career Center, MI

Salvation Army Donation

HOSA members had a school wide and community service project for the Salvation Army to get donations of clothing, blankets and small appliances for the Katrina release victims that relocate in North Carolina.

South View High School, NC

Vision Screenings

Students set up an area at the local Commons to do vision screenings during lunch breaks. HOSA members performed screenings using the Snellen chart.

Mitchell High School, NC

Opportunities in Health Care

Health Career Clinic

This chapter adopted a local elementary school and created a “Candy Care Clinic” where they showcased several health careers and stressed the importance of doing well in school. Pharmacy bags containing candy, pencils, a certificate of participation, and a student-made coloring book which contained color pages for each health care career.

Tulsa Technology Center, OK

Guest Speaker

Many guest speakers from local facilities came to speak to school classes and inform them of their jobs and the different things they do in their work place. This gave students a chance to discuss the details of different health careers as well as learn about what types of schooling and preparation it would take to become a health care professional.

Cumberland County High School, TN

Scavenger Hunt

Members created a quiz with questions pertaining to HOSA and handed the quizzes out to students. Answers to questions about HOSA history and different health care careers were hidden in paragraphs on posters around the school. Local stores, pharmacies, and restaurants participated in providing prizes to the student who received the highest quiz score.

Floyd County High School, VA

Costumes

HOSA members dressed as a different disease or condition. They then had to be prepared to give a report on their particular disease to anyone who asked what he or she was dressed as.

David Crockett High School, TN

Cancer Survivor

An alumna of the school and the HOSA program came to speak to a group of students about her battle with cancer. She had also been the first Relay for Life Co-Chair at the high school.

Duncanville High School, TX

Volunteer Speaking

HOSA members from the high school volunteered to teach third graders at the local elementary school about the different health care careers.

Abilene High School, TX

Appreciation to the Health Care Community

Spaghetti Luncheon

Kiamichi Technology Center held a spaghetti luncheon on honor of HOSA members, HOSA alumni members, Health Careers Advisory Board members, and healthcare professional student mentors. The luncheon was held in the Student Commons Area of the KTC campus. The east wall displayed HOSA members' health career displays. HOSA gifts were given each attendee and HOSA door prizes were awarded. Certificates of appreciation were presented to alumni and health industry guests.

Kiamichi Technology Center, OK

Trip to Medical Supply Company

HOSA members visited Mary Tyndall at her business, Johnston Medical Supply Services, and presented her with a framed picture of herself surrounded by HOSA hands. The inscription read "Thanks for all your support, time, contributions, and caring over the past three years." Mary had donated education materials, name badges, and breast cancer learning experiences for HOSA members.

Smithfield Selma High School, NC

Appreciation Reception

HOSA members held an appreciation reception for the staff and residents at Fair Oaks Health Systems. They served cake, cookies, fruit, nuts, mints and punch, and presented an Award of Partnership plaque to the facility.

Russell County HOSA, KY

Radio Spot

HOSA members went to the local radio station and recorded a message that was played during HOSA week. The message thanked local health care providers and expressed appreciation for their service to the community and to HOSA.

Breckinridge County HOSA, KY

Appreciation Awards

Members of the Pensacola Junior College Warrington Campus presented HOSA appreciation certificates to Escambia County EMS and fire fighters. The local newspaper and television station covered the event.

Pensacola Junior College, FL

Mentor Appreciation: Dr Kemper

HOSA members presented a local dentist with an engraved appreciation plaque and an album of letters. Following the presentation, a lunch of deli sandwiches, chips, soft drinks and cookies were provided.

Quitman HOSA, AR

School Nurse

HOSA members paid tribute to the school nurse by tastefully and caringly decorating her office door. They presented her with a thank you card and presented her with a gift certificate to a local coffee shop.

Northeastern Junior College Med Prep, CO

HOSA Appreciation Party

HOSA members held an appreciation party for hospital employees. Cake and punch were served at the party, which allowed HOSA members and health professionals to become better acquainted.

Giles County High School, TN