



# National Competitive Events Program

## WHAT'S NEW IN 2007- 08?

---

*"HOSA: Where Dreams are Made and Futures Begin"*

2007-08 brings a number of exciting changes to the HOSA Competitive Events program. Be sure to read the event guidelines found in Section B of the HOSA HANDBOOK <http://www.hosa.org/natorg/sectb/index.html> to get the greatest benefit from participation in HOSA competitive events.

As always, check with your local or state advisor to determine what events will be offered in your state, and how you can get actively involved in HOSA!

- Category names have changed and a new category of events has been added.
- Flow charts have been added to all event guidelines to provide a visual summary of the key components of each event.
- HOSA is introducing five (5) new competitive events this year.

### HEALTH SCIENCE EVENTS

#### Medical and Dental Spelling – Rounds

Round one will still be the written test. Additional rounds in the spell-down have changed slightly to allow for more opportunities to select terms from the easy and moderate lists.

### HEALTH PROFESSIONS EVENTS

#### Nursing Assisting and Personal Care – Oral Thermometer

Patient temperature can now be measured using either an electronic thermometer or a mercury-free oral thermometer.



#### Biotechnology

HOSA's new Biotechnology event will have a health care focus, and will help introduce HOSA members to the exciting opportunities available in this growing career field. The event begins this year with four skills, and more skills will be added in future years.

#### Dental Assisting – Resource Change and Equipment List

The text *Diversified Health Occupations* was deleted as a resource, and *Dental Instruments: A Pocket Guide* was added. A new equipment list has been added to the guidelines and is aligned to the new resource.

#### Clinical Nursing – Name Change

Practical Nursing has been changed to Clinical Nursing, and the Tracheostomy skill has been updated.



#### Home Health Aide

Home Health Aide is the single fastest growing occupation in America. Most of the skills in the event are taught in the Health Science classroom, and competitors will find that adapting skills to the care of clients in the home can be an interesting and challenging opportunity.

### **Medical Laboratory Assisting – Major Changes**

A few skills have been removed and a few new skills added. Take a careful look at the new and improved Medical Laboratory Assisting event!

### **Veterinary Assisting – Major Changes**

New skills have been added to this event as well, and a list of equipment is now included for the equipment and instrument identification skill. Take a careful look at the new and improved Veterinary Assisting event!

## **EMERGENCY PREPAREDNESS EVENTS**

This is a new category and will include all of HOSA's current emergency preparedness events and one new event – CERT. Look for more events in this category in coming years.

### **CPR, RB and EMT – Cell Phones**

HOSA will provide cell phones for use during the event. Competitors may NOT bring their own cell phones to any HOSA competitive event.



### **CERT**

The CERT (Community Emergency Response Team) event is designed to introduce two-member teams to the skills needed to respond to their community's immediate needs in the aftermath of a disaster, when emergency services are not immediately available. The resources needed to prepare are online and in the community.

Additional skills will be added in the future,

### **EMT – National Registry**

EMT skills have been updated to align with the National Registry skill sheets. This includes significant changes to the Cardiac Arrest Management/AED skill and an additional airway, oxygen and ventilation skill.

### **CPR – New Resource**

A new resource has been added, *First Aid and Emergency Preparedness*. This resource will only be used in developing the test. The official resource for CPR skills is the American Heart Association.

## **LEADERSHIP EVENTS**

### **Job Seeking Skills and Interviewing Skills**

Guidelines have been reworded to stress that the competitor must prepare a one-page resume in Word and submit it by the May 15 deadline (for national competition) as an attachment. The cover letter is to be submitted in the body of the e-mail and NOT as an attachment.

### **Researched Persuasive Speaking – Topics**

This year's topics are:

- Vegetarianism: A Healthier Alternative
- Government Regulation of Healthy Living (Banning of trans fats, smoking ban, seat belt law, helmet law, etc.)

## **TEAMWORK EVENTS**

### **Biomedical Debate**

This year's topic is "Family physicians should be trained in the use of alternative (complementary) medicine."



### **Forensic Medicine**

This new event requires a great deal of problem-solving and knowledge of anatomy and physiology, both in life and in death. Competitors will take a Round One test to qualify for the case study round. The guidelines include a sample case study to help HOSA members and advisors understand what the case study round is all about.

### **Medical Reading – Books**

The books for 2007-08 are:

- *Another Day in the Frontal Lobe: A Brain Surgeon Exposes Life on the Inside* (Paperback) by Katrina Firlik
- *Water With Lemon: An Inspiring Story of Diet-free, Guilt-free Weight Loss!* (Paperback) by Zonya Foco and Stephen Moss
- *A Cup of Comfort for Nurses: Stories of Caring And Compassion* (Paperback) by Colleen Sell
- *A Random Act: An Inspiring True Story of Fighting to Survive and Choosing to Forgive* (Paperback) by Cindi Broaddus and Kimberly Lohman Suiters
- *Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying* (Paperback) by Maggie Callanan and Patricia Kelley



### **Public Service Announcement**

The Public Service Announcement event was developed by Florida HOSA and is being implemented as a regular event this year. Teams will create a Public Service Announcement. This year's topic will be Emergency Preparedness on the School Campus.

## **RECOGNITION EVENTS**

### **Outstanding HOSA Chapter – Alumni**

HOSA invites all alumni members to affiliate with HOSA directly online at [http://www.hosa.org/alumni\\_flyer.pdf](http://www.hosa.org/alumni_flyer.pdf) Because Alumni members will affiliate directly with National HOSA, the Alumni sections have been removed from the OHC rating sheet. HOSA chapters are still encouraged to actively involve alumni members in chapter activities.