

Extemporaneous Health Poster

New for 2018 - 2019

Editorial updates and clarifications have been made to guidelines. At ILC, [photo ID](#) must be presented prior to competing.

- Purpose:** To encourage HOSA members to improve their ability to analyze and interpret current health and HOSA-related issues and express and communicate this interpretation through the development of a poster.
- Description:** This event shall be in the form of an individual creation of a poster conducted in a setting with work tables and sufficient space for each competitor to carry out his/her form of artistic expression, to be completed within three (3) hours of work time.
- Dress** Competitors must be in official HOSA uniform, proper business attire, medical scrubs, or polo and khakis. Bonus points will be awarded for [proper dress](#).
- Rules and Procedures**
1. Competitors in this event must be active members of HOSA in good standing in the division in which they are registered to compete (Middle School, Secondary or Postsecondary/Collegiate).
 2. Competitors must be familiar with and adhere to the [“General Rules and Regulations of the HOSA Competitive Events Program \(GRR\).”](#)
 3. The development of the specific health issue or HOSA-related topic shall be the responsibility of the National Competitive Events Program staff. The topic is a secret topic that is not disclosed until the event begins.
 4. All competitors shall report to the site of the event at the time designated for the event orientation. At ILC, [photo ID](#) must be presented prior to competing. They will then, lay out supplies, have supplies checked by the event manager/section leader(s), receive the topic for the health issue and related backup materials (if applicable), and begin development of the poster when instructed. There will be one or two competitors per table.
 5. HOSA shall provide white poster board [size: 22" x 28"] (1 per competitor).
 6. Competitors are expected to provide all supplies appropriate to their preferred art medium. Supplies are limited to those listed on page 2.
No pre-constructed props, artwork, or potentially hazardous materials are to be used or brought to the site of the event.
 7. Each competitor shall clearly identify his/her competitor number, last name, and division (MS, SS or PSC) on the back of the poster.
 8. Competitors have 3 hours to complete their poster. A one-hour time warning and a fifteen (15) minute time warning will be announced.
 9. In the event of a tie, a tie-breaker will be determined by the areas on the rating sheet section(s) with the highest point value in descending order.

10. Competitors are permitted to use headphones and a personal music player (MP3 player, iPod, music on their phone, etc.) during this event, provided that the volume is low enough so it is only audible by the user. If using a personal music player to listen to music, it cannot be touched, for any reason, once the competition begins.
11. The poster for this event must be submitted for judging in English.
12. By entering this event, the competitor grants permission for photos of his/her poster to be used in HOSA publications and on the HOSA website. Posters must be picked up by competitors as instructed. Any posters not picked up ***within the given timeframe*** will become the property of HOSA-Future Health Professionals.

Competitor Must Provide

- Event guidelines (orientation)
- [Photo ID](#)
- Watch with second hand (optional)
- Personal music player (optional)
- Art Supplies are limited to:
 - Pencils/ Pencil sharpener/ Erasers
 - Ruler
 - Instruments used for drawing arcs, angles and curves (Ie: T-square, protractor)
 - Ink pens
 - Colored markers/colored pencils/crayons
 - Charcoal and pastels
 - Art spray fixative or non-scented hairspray
 - Wet Wipes
 - Paper Towels
 - White Out
 - Chalk/sponges

FOR SPECIFICS ON EVENT MANAGEMENT SEE [MANAGING COMPETITIVE EVENTS](#)

Required Personnel

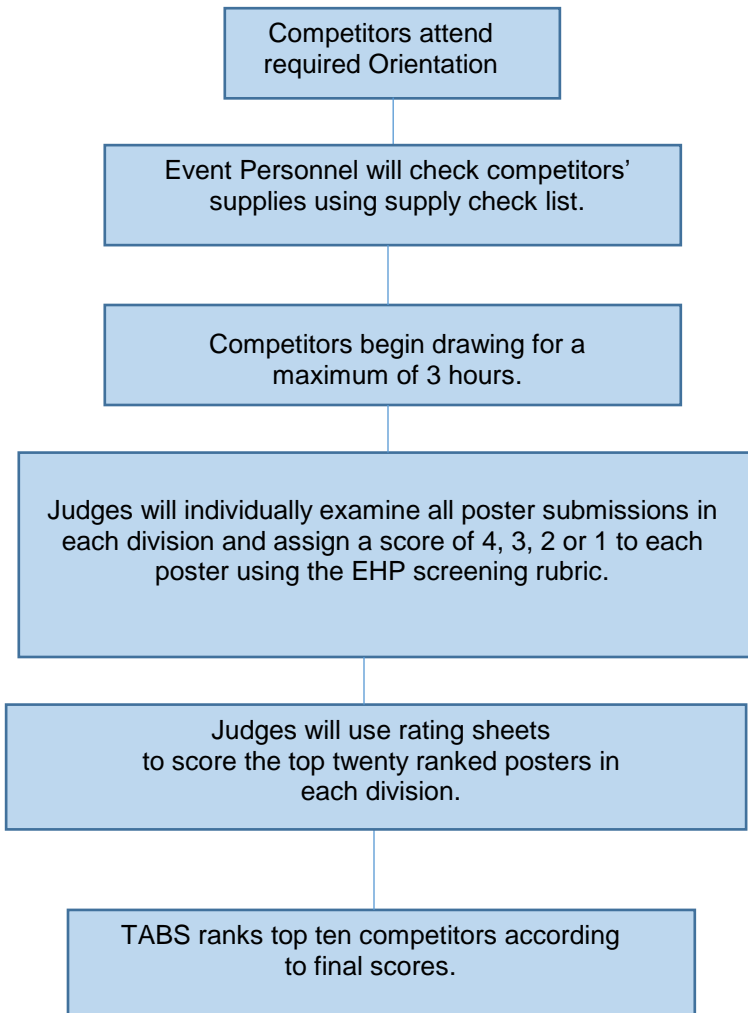
- One Event Manager
- One QA to provide quality assurance for the event by ensuring that the guidelines are followed and all event documents are complete
- One Section Leader
- Two to three judges per division
- One-two event assistants

Facilities, Equipment and Materials (Per Section)

- One room, table, and chairs to accommodate the total number of competitors, as appropriate (See [HOSA Room Set](#))
- Competitor list for check-in
- Competitor Equipment Check Sheet for student supplies (1 per competitor)
- White Poster board (1 per competitor)
- Secret Topic Card (1 per competitor)
- Preliminary Screening Instructions (one per judge)
- Labels w/competitor info (optional: for poster – 1 per competitor)
- Rating sheets – (one for each competitor in top twenty for each division)
- Evaluation Forms – competitor, judge, and personnel
- List of competitors for check-in
- Clipboards (one per judge)
- #2 lead pencils (for judges & competitor evaluations)

- Sticky notes or index cards (for judges to identify posters 4-1 in preliminary screening)
- Copy of guidelines for judges
- Hand Sanitizer (alcohol based handrub)

Event Flow Chart



EXTEMPORANEOUS HEALTH POSTER

Preliminary Screening Instructions and Rubric

Each Extemporaneous Health Poster (EHP) judge will closely examine all poster submissions and assign a score of 4, 3, 2 or 1 to each poster by using the EHP screening rubric below. After initial scoring, judges must achieve consensus on a maximum of twenty (20) posters to be scored using the EHP rating sheet found on page 5 of these guidelines.

Suggestions below are provided to help judges arrive at consensus:

- Only twenty 4's (on slips of paper pre-printed, index cards, sticky notes, etc.) can be assigned by an EHP judge in the preliminary screening. When both judges assign a four to a poster, it is a finalist poster. *It is advised that Judges should not spend more than 1 min per poster in this process.*
- The finalist posters can be separated from the remaining posters.
- Posters with 1's and 2's can be removed from the remaining posters.
- The judges can review the 3's and determine which posters can be elevated to a 4.
- If there are more than twenty 4's selected, the judges must achieve consensus as to which twenty (20) should be scored using the EHP rating sheet.
- Once twenty 4's are selected by the judges, the twenty (20) final posters are scored using the EHP rating sheet. *It is advised that Judges may use up to 4 min per poster for this purpose.*
- The poster scores are tabulated for each of the 20 final posters to determine finalists and medal awardees.

4

- ✓ Good educational value with a clear message
- ✓ Overall appearance is neat, attractive and imaginative
- ✓ No grammatical or spelling errors (hashtags are not considered errors)
- ✓ Competitor followed guidelines for allowed supplies and equipment
- ✓ ALL guidelines MUST be followed to advance

3

- ✓ Moderately educational
- ✓ Message is clear but lacks impact
- ✓ Overall appearance is mostly neat and attractive
- ✓ Minor spelling errors
- ✓ ALL guidelines MUST be followed to advance

2

- ✓ Somewhat educational
- ✓ Message is unclear
- ✓ Overall appearance is somewhat messy and disorganized
- ✓ Serious spelling errors
- ✓ ALL guidelines MUST be followed to advance

1

- ✓ No clear focus or message
- ✓ Appearance is messy and disorganized
- ✓ Excessive spelling errors
- ✓ Competitor did not follow guidelines for allowed supplies and equipment

EXTEMPORANEOUS HEALTH POSTER JUDGES RATING SHEET

Section _____

Division: _____ MS _____ SS _____ PS/C

Competitor # _____

Judge's Signature: _____

Points Possible								
Items Evaluated	Superior ----- Poor						Points Awarded	
<i>Presentation</i>								
A.	Poster is eye-catching and visually appealing.	10	8	6	4	2	0	
B.	Contains a clear message; on topic.	10	8	6	4	2	0	
<i>Educational Value</i>								
C.	Strength of poster's impact on assigned topic (depth of content).	10	8	6	4	2	0	
D.	Interpretation of topic (creativity).	10	8	6	4	2	0	
E.	Relevance of message.	10	8	6	4	2	0	
F.	Information is clear, understandable and spelled correctly.	10	8	6	4	2	0	
<i>Quality of Work</i>								
G.	Imaginative and innovative design.	10	8	6	4	2	0	
H.	Arrangement is eye-appealing.	10	8	6	4	2	0	
I.	Color and lettering are used effectively.	10	8	6	4	2	0	
J.	Overall appearance is neat and attractive.	10	8	6	4	2	0	
Total Points Possible		100	-----				0	

EXTEMPORANEOUS HEALTH POSTER

Competitor Equipment Check Sheet

Competitor # _____ Division (*circle*): MS SS PS/C

Competitors are expected to provide supplies appropriate to their preferred art medium. These are limited to:

- Art spray fixative or non-scented hairspray
- Chalk/sponges
- Charcoal
- Colored markers
- Colored pencils
- Crayons
- Erasers
- Ink pens
- Instruments used for drawing arcs, angles and curves (For example: T-square, protractor)
- Paper Towels
- Pastels
- Pencils
- Pencil sharpener
- Ruler
- Wet Wipes
- White Out

- There are no potentially hazardous materials

Checked by: _____
(Event Personnel Initials) (Print Name)