

# Extemporaneous Health Poster

## ***New for 2019-2020***

The 2019-2020 membership year will be the last year that Extemporaneous Health Poster is offered for all three membership divisions – it is still open to all Middle School, Secondary, and Post-Secondary / Collegiate members. Beginning in 2020-2021, the event will move to the Middle School division only, and a replacement event will be introduced for the SS/PSC divisions. The pre-scoring of top 20 posters has been removed. Editorial updates and clarifications have been made to guidelines. The event rubric has been updated to a new format. Competitors will not be required to show event guidelines at ILC.

**Purpose:** To encourage HOSA members to improve their ability to analyze and interpret current health / HOSA-related issues and to communicate this interpretation through the development of a creative, artistic, and informational poster.

**Description:** This event shall be in the form of an individual creation of a poster conducted in a setting with work tables and sufficient space for each competitor to carry out his/her form of artistic expression, to be completed within three (3) hours of work time.

**Dress:** Competitors must be in official HOSA uniform, proper business attire, medical scrubs, or polo and khakis. Bonus points will be awarded for [proper dress](#).

- Rules and Procedures**
1. Competitors in this event must be active members of HOSA in good standing in the membership division in which they are registered to compete (Middle School, Secondary or Postsecondary/Collegiate).
  2. Competitors must be familiar with and adhere to the [“General Rules and Regulations of the HOSA Competitive Events Program \(GRR\).”](#)
  3. The topic is a secret topic that is not disclosed until the event begins. The topic shall relate to current health issues or HOSA. Professional ethics demand that competitors DO NOT discuss or reveal the secret topic for ANY event until after the event has concluded. Violation of the ethics rules will be severely penalized per [the GRRs](#).
  4. All competitors shall report to the site of the event at the time designated for the event orientation. They will then, lay out supplies, have supplies checked by the event manager/section leader(s), receive the topic for the health issue and related backup materials (if applicable), and begin development of the poster when instructed. There will be one or two competitors per table.
  5. At ILC, [photo ID](#) must be presented prior to competing.
  6. HOSA shall provide white poster board [size: 22" x 28"] (1 per competitor).
  7. Competitors are expected to provide all supplies appropriate to their preferred art medium. Supplies are limited to those listed on page 5. **No pre-constructed props, artwork, or potentially hazardous materials are to be used or brought to the site of the event.**
  8. Each competitor shall clearly identify his/her competitor number, last name, and division on the back of their poster.
  9. Competitors have 3 hours to complete their poster.

10. **TIME REMAINING ANNOUNCEMENTS:** There will be a verbal announcement when there are 60 minutes, 30 minutes, 15 minutes, 5 minutes, and 1 minute remaining in this event.
11. In the event of a tie, a tie-breaker will be determined by the areas on the rating sheet section(s) with the highest point value in descending order.
12. Competitors are permitted to use headphones and a personal music player (MP3 player, iPod, music on their phone, etc.) during this event, provided that the volume is low enough so it is only audible by the user. If using a personal music player to listen to music, it cannot be touched, for any reason, once the competition begins.
13. The poster for this event must be submitted for judging in English.
14. By entering this event, the competitor grants permission for photos of his/her poster to be used in HOSA publications and on the HOSA website. Posters must be picked up by competitors as instructed. Any posters not picked up ***within the given timeframe*** will become the property of HOSA-Future Health Professionals and may be discarded.

**Competitor Must Provide**

- [Photo ID](#)
- Watch with second hand (optional)
- Personal music player w/headphones (optional)
- Art Supplies are limited to:
  - Pencils/ Pencil sharpener/ Erasers
  - Ruler
  - Instruments used for drawing arcs, angles and curves (I.e: T-square, protractor)
  - Ink pens
  - Colored markers/colored pencils/crayons
  - Charcoal and pastels
  - Art spray fixative or non-scented hairspray
  - Wet Wipes
  - Paper Towels
  - White Out
  - Chalk/sponges

**FOR SPECIFICS ON EVENT MANAGEMENT SEE [MANAGING COMPETITIVE EVENTS](#)**

**Required Personnel**

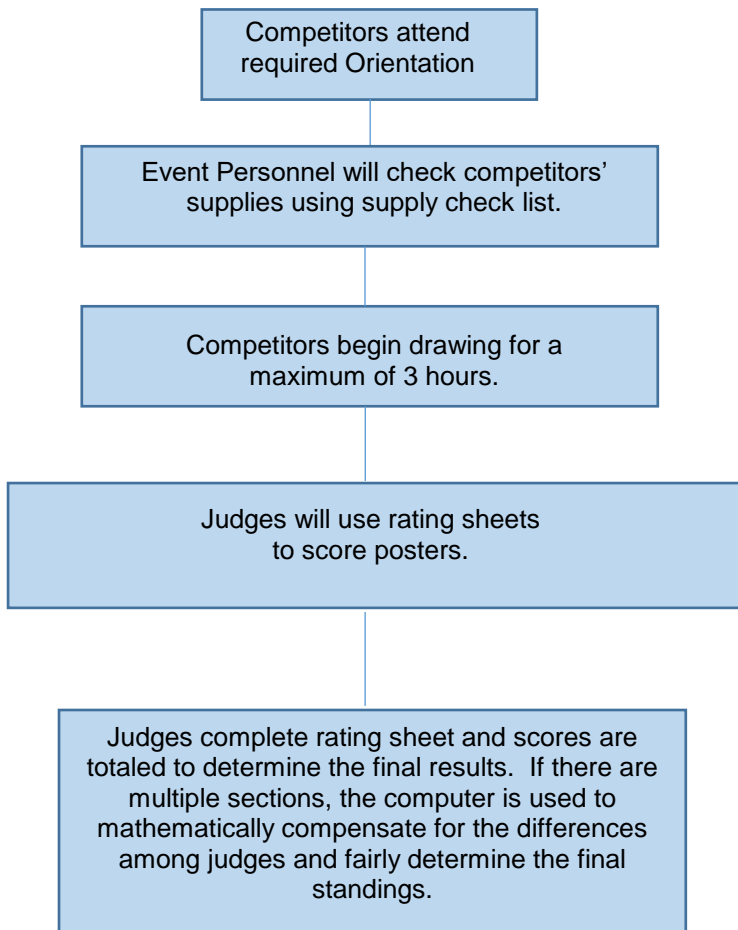
- One Event Manager
- One Judge Manager (JM) to provide quality assurance for the event by ensuring that the guidelines are followed and all event documents are complete
- One Section Leader per section
- Two to three judges per section
- One-two event assistants

**Facilities, Equipment and Materials (Per Section)**

- One room, table, and chairs to accommodate the total number of competitors, as appropriate (See [HOSA Room Set](#))
- Competitor list for check-in
- Competitor Equipment Check Sheet for student supplies (1 per competitor)
- White Poster board (1 per competitor)
- Secret Topic Card (1 per competitor)

- Labels w/competitor info (optional: for poster – 1 per competitor)
- Rating sheets – (one for each competitor)
- Evaluation Forms – competitor, judge, and personnel
- Clipboards (one per judge)
- #2 lead pencils (for judges & competitor evaluations)
- Copy of guidelines for judges
- Hand Sanitizer (alcohol based handrub)
- Trash Container

## Event Flow Chart



## EXTEMPORANEOUS HEALTH POSTER – Judge’s Rating Sheet

Section # \_\_\_\_\_ Division: \_\_\_\_\_ MS \_\_\_\_\_ SS \_\_\_\_\_ PSC \_\_\_\_\_

Competitor # \_\_\_\_\_ Judge’s Signature \_\_\_\_\_

	<b>Excellent 20 points</b>	<b>Good 16 points</b>	<b>Average 12 points</b>	<b>Fair 8points</b>	<b>Poor 4 points</b>	<b>JUDGE SCORE</b>
<b>A. Eye-catching / stands out in a crowd</b>	The poster stands out from the other competitors and draws in the audience to want to learn more. It is unique, grabs your attention. You are intrigued and want to look more closely.	The poster is visually pleasing and eye-catching. The audience is intrigued and wants to know more.	Some aspects of the poster stand out. It is neat but lacks originality.	The poster does not stand out from the other submissions. It uses basic design principles.	The poster does not catch the viewer’s eye and is not appealing.	
<b>B. Contains a clear message on topic</b>	The message of the poster is captured in a very clear and concise manner. Many relevant items from the supporting material in the secret topic are included	The message of the poster is mostly clear and concise. Some relevant items from the supporting material of the secret topic are included.	The poster’s message relates to the secret topic but lacks the supporting details and is not especially clear.	The message is off topic and lacks clarity. Minimal supporting materials are referenced from the secret topic.	The message is not clear. The artist missed the objective when demonstrating this topic.	
<b>C. Impact the poster leaves on the audience</b>	The poster leaves an impact on the audience, they learn something, are informed or called to action by viewing the poster. A sense of urgency to take action is felt by the audience.	The poster is informational and sends a message. The audience may be inspired to be “called to action” from viewing the poster	Some impact is felt by the audience after viewing this poster.	Minimal impact is made by the audience viewing the poster.	No impact or call to action is felt by the audience after viewing the poster.	
<b>D. Artistic Value / Artistic Skill</b>	The poster is aesthetically pleasing, displays great use of color, texture, shapes and spacing. Artwork demonstrates the student has exceptional talent to express ideas through art. The coloring and lettering were captured in a unique way and built the design into the theme.	Lots of color variation, shapes, and appealing design. Shows the student spent time creating an artistic piece. Color and lettering were used effectively within the poster.	The poster is moderately appealing. There are a few different mediums showcased on the poster. The use of color and lettering was mostly effective on the poster design. Would like to see more variation.	The poster does not appeal to the audience in a significant way. Limited use of creative materials. Minimal color/ shapes/ design. The artist used very little color variation on the poster. The message is lost in the basic design or choice of font.	Artistic skill lacks execution and overall aesthetics. Appearance is messy, lacks color and texture, and/or effort.	
<b>E. Overall appearance, neat, attractive, &amp; correct spelling</b>	Not only is the artwork original, the design is high quality, unique and the ability to connect to the topic is creative. The competitor added information above what was required from the event criteria. Writing is neat and professional, and free from spelling errors.	The poster is attractive and looks professional. The design connects to the topic and includes relevant information. Writing is legible, and minimal spelling errors are observed.	The poster includes mostly relevant information and generally neat in appearance. Minimal spelling error(s) and/or attention to detail may reduce overall score.	The poster needs more attention to detail. It looks as if it was prepared in a rush. A few spelling errors are present.	The poster is not formulated clearly, the content is hard to understand. A lack of effort was put into this poster. Multiple spelling errors are present.	
<b>Total Points (100)</b>						

# EXTEMPORANEOUS HEALTH POSTER

## Competitor Equipment Check Sheet

Competitor # \_\_\_\_\_ Division: \_\_\_\_\_ MS \_\_\_\_\_ SS \_\_\_\_\_ PSC \_\_\_\_\_

Competitors are expected to provide supplies appropriate to their preferred art medium.  
These are limited to:

- Art spray fixative or non-scented hairspray
- Chalk
- Charcoal
- Colored markers
- Crayons
- Erasers
- Ink pens
- Instruments used for drawing arcs, angles and curves (For example: T-square, protractor)
- Paper Towels/ sponges
- Pastels
- Pencils of any type/color
- Pencil sharpener (must remain intact)
- Ruler
- Wet Wipes
- White Out
  
- There are NO potentially hazardous materials
- Competitor is in official HOSA uniform, proper business attire, medical scrubs, or polo and khakis.
- Competitor showed proper Photo ID

Checked by: \_\_\_\_\_  
(Event Personnel Initials) (Print Name)