HOSA Medical Reading History

2020-2021
Postsecondary / Collegiate and Secondary Divisions
- Identity Leadership: To Lead Others You Must First Lead Yourself by Stedman Graham
- The Real Grey’s Anatomy: A Behind the Scenes Look at the Real Lives of Surgical Residents by Andrew Holtz
- Epic Measures: One Doctor, 7 Billion Patients by Jeremy Smith
- Compassionomics: The Revolutionary Scientific Evidence that Caring Makes a Difference by Anthony Mazzarelli & Stephen Trzeciak

Middle School Division
- Make Your Bed: Little Things that Can Change Your Life…and Maybe the World by Admiral William H. McRaven
- The Germ Freaks Guide to Outwitting Colds & Flu: Guerilla Tactics to Keep Yourself Healthy at Home, at Work, and in the World by Allison Janse & Charles Gerba
- Compassionomics: The Revolutionary Scientific Evidence that Caring Makes a Difference by Anthony Mazzarelli & Stephen Trzeciak

2019-2020
Postsecondary / Collegiate and Secondary Divisions
- Spark: The Revolutionary New Science of Exercise and the Brain by John J Ratey
- The Radium Girls: The Dark Story of America’s Shining Women by Kate Moore
- Becoming Dr. Q: My Journey from Migrant Farm Worker to Brain Surgeon by Alfredo Quinones-Hinojosa MD
- The Poison Squad: One Chemist’s Single-Minded Crusade for Food Safety at the Turn of the Twentieth Century by Deborah Blum
- Grit: The Power of Passion and Perseverance by Angela Duckworth

Middle School Division
- Josie’s Story: A Mother’s Inspiring Crusade to Make Medical Care Safe by Sorrel King
- Don’t Kill the Birthday Girl: Tales from an Allergic Life by Sandra Beasley
- Small Steps: The Year I Got Polio by Peg Kehret

2018-2019
Postsecondary / Collegiate and Secondary Divisions
- Leadership and Self-Deception: Getting out of the Box by The Arbinger Institute
- In Shock: My Journey from Death to Recovery and the Redemptive Power of Hope by Rana Awdish
• Internal Medicine: A Doctor's Stories by Terrance Holt
• The Book of Blood: From Legends and Leeches to Vampires and Veins by HP Newquist
• Complications: A Surgeon’s Notes on an Imperfect Science by Atul Gawande

Middle School Division
• The Book of Blood: From Legends and Leeches to Vampires and Veins by HP Newquist
• Making Rounds with Oscar: The Extraordinary Gift of an Ordinary Cat by David Dosa, M.D.
• Throwaway Players by Gay Culverhouse

2017-2018
PSC & SS
• Into the Magic Shop by James Doty, MD
• Idiot Brain by Dean Burnett
• The Happiness Advantage by Shawn Achor
• Bubonic Panic by Gail Jarrow
• Losing Face by Kathie Torpie

MS
• Every Patient Tells a Story by Lisa Sanders
• Wonder by RJ Palacio
• The Deadly Dinner Party by Jonathan Edlow

2016-17
PS/C & SS
• Wonder by Raquel Palacio
• Dr. Mutter’s Marvels by Cristin O’Keefe Aptowicz
• Extreme Medicine by Dr. Kevin Fong
• The Man Who Touched His Own Heart by Rob Dunn
• The Secret: What Great Leaders Know & Do by Ken Blanchard & Mark Miller

MS
• Gifted Hands by Dr. Ben Carson
• The Pact by Sampson Davis, George Jenkins & Rameck Hunt
• The First Woman Doctor by Rachel Baker

2015-16
• Josie’s Story by Sorrel King
• Being Mortal by Atul Gawande
• Dentist Goes Animal by David Fagan
• The Woman Who Knew Too Much by Gayle Greene
• Taking People with You by David Novak

2014-15
• Living and Dying in Brick City by Sampson Davis, MD
• What Every Body is Saying by Joe Navarro
• How They Croaked by Georgia Bragg
• The Running Dream by Wendelin Van Draanen
• Throwaway Players by Gay Culverhouse

2013-14
• Fragile Beginnings: Discoveries and Triumphs in the Newborn ICU by Adam Wolberg, MD
• The Pact: Three Young Men Make a Promise and Fulfill a Dream by Sampson Davis, George Jenkins, Rameck Hunt, and Lisa Frazier Page
• Making Rounds with Oscar: The Extraordinary Gift of an Ordinary Cat by David Dosa
• What Ails the White House: An Introduction to the Medical History of the American Presidency by Jay W. Murphy, MD
• Lessons From the Mouse: A Guide For Applying Disney World’s Secrets of Success to Your Organization, Your Career, and Your Life by Dennis Snow

2012-13
• Brain Rules: 12 Principles for Surviving and Thriving at Work, Home, and School by John Medina
• The Third Wave: A Volunteer Story by Alison Thompson
• Don’t Kill the Birthday Girl: Tales from an Allergic Life by Sandra Beasley
• The End of Illness by David B. Agus, M.D.
• The Deadly Dinner Party: and Other Medical Detective Stories by Dr. Jonathan A. Edlow

2011-12
• Breakthrough!: How the 10 Greatest Discoveries in Medicine Saved Millions and Changed Our View of the World by Jon Queijo
• The Blue Death: The Intriguing Past and Present Danger of the Water You Drink by Robert D. Morris
• The Checklist Manifesto: How to Get Things Right by Atul Gawande
• Every Patient Tells a Story: Medical Mysteries and the Art of Diagnosis by Lisa Sander
• Diagnoses from the Dead: The Book of Autopsy by Richard Prayson
• Body of Work: Meditations on Mortality from the Human Anatomy Lab by Christine Montross

2010-2011
• Dr. Fisher's Life on the Ark: Green Alligators, Bushman, and Other "Hare-Raising" Tales (Hardcover) by Lester E. Fisher, June 2004.
• Cheating Death (Hardcover) by Sanjay Gupta, MD, October 2009.
• **How Not to Die**: Surprising Lessons from America's Favorite Medical Examiner (Paperback) by Jan Garavaglia M.D., September 2009.

2009-2010
• **Better: A Surgeon's Notes on Performance** by Atul Gawande
• **Final Exam: A Surgeon's Reflections on Mortality** by Pauline W. Chen
• **Gifted Hands: The Ben Carson Story** by Ben Carson, December 1996.
• **Dark Remedy: The Impact of Thalidomide and Its Revival as a Vital Medicine** by Trent Stephens and Rock Brynner
• **The Last Lecture** by Randy Pausch

2008-2009
• **The Scalpel and the Silver Bear** by Lori Alvord and Elizabeth Cohen Van Pelt
• **Caring for Patients from Different Cultures** by Geri-Ann Galanti
• **Small Steps: The Year I Got Polio** by Peg Kehret
• **Body of Work: Meditations on Mortality from the Human Anatomy Lab** by Christine Montross

2007-2008
• **Water With Lemon**: An Inspiring Story of Diet-free, Guilt-free Weight Loss! (Paperback) by Zonya Foco and Stephen Moss, January 2007.
• **A Cup of Comfort for Nurses: Stories of Caring And Compassion (Paperback)** by Colleen Sell, March 2006.
• **A Random Act**: An Inspiring True Story of Fighting to Survive and Choosing to Forgive (Paperback) by Cindi Broaddus and Kimberly Lohman Suiters, March 2006.

2006-2007
• **The First Woman Doctor** by Rachel Baker, Scholastic Paperbacks; Reissue edition (October 1, 1987)

2005-2006

• **Not Fade Away** by Laurence Shames and Peter Barton, 2004.
• **The Woman with a Worm in her Head: and other True Stories** by F. Gonzalez-Crussi (Foreword), Pamela Nagami, 2002.
• **Sam: The Boy Behind the Mask** by Tom Hallman, 2003.
• **My Pocket Mentor** by Sandra Gaviola, 2004.

2004-2005

• **Complications: A Surgeon’s Notes on an Imperfect Science** by Atwul Gawande
• **Dark Remedy** by Trent Stephens
• **The Traveler’s Gift: Seven Decisions That Determine Personal Success** by Andy Andrews
• **Dead Men Don’t Tell Tales: The Strange and Fascinating Cases of a Forensic Anthropologist** by Michael Browning, William R. Maples
• **Power Sleep** by James B. Maas

2003-2004

• London, Oscar. **Kill as Few Patients as Possible.** Ten Speed Press; 10th edition (May 1987)
• Crichton, Michael. **Five Patients: The Hospital Explained.** Bt Bound; (May 2000)
• Albom, Mitch and Stacy Creamer. **Tuesdays with Morrie: An Old Man, a Young Man, and Life’s Greatest Lesson.** Broadway Books; (October 8, 2002)
• Manning, Greg. **Love, Greg and Lauren.** Bantam Doubleday Dell Pub (Trd Pap); Updated edition (August 13, 2002)
• Carson, Ben. **Gifted Hands.** Zondervan; (December 8, 1996)

2002-2003

• Cousins, Norman, **Anatomy of an Illness as Perceived by the Patient: Reflections on Healing and Regeneration.** Norton Publishing
• Matthews Andrew, **Follow Your Heart,** Price Stern Sloan.
• Mehren, Elizabeth, **Born Too Soon,** Kensington Publishing Corp.
• White and Cunningham, *Ryan White: My Own Story*, Signet.

2002 - 2001

• Heron, Echo. *Intensive Care: The Story of a Nurse*. Mass Market Paperback.
• Biro, David. *One Hundred Days: My Unexpected Journey from Doctor to Patient*. Vintage.

2000-2001

• Gottlieb. *Stick Figure*. Simon & Schuster.
• Sebbar, Anne. *Mother Teresa, Beyond the Image*. Doubleday.
• Synderman, Nancy L., MD. *Necessary Journeys*. Hyperion.

1999-2000

• Carson, Ben, M.D. *Gifted Hands*, Zondervan Publishing House.
• Maas, James B. *Power Sleep*, HarperCollins.
• Davis, Eric. *Born to Play*, Signet.
• Fink, Carolyn Parnall. *On Duty*.
• Galanti, Geri Ann. *Caring for Patients from Different Cultures*, UPA Press.

1998 – 1999 (Pilot)

• Epstein, Fred J. *Gifts of Time*.
• Belkin, Lisa. *First, Do No Harm*.
• Credit, Larry P., Hartunian, Sharon G., Nowak, Margaret J., *Your Guide to Complementary Medicine*.

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