2019-2020
MEDICAL READING

Spark: The Revolutionary New Science of Exercise and the Brain
by John J. Ratey

The Radium Girls: The Dark Story of America's Shining Women
by Kate Moore

Becoming Dr. Q: My Journey from Migrant Farm Worker to Brain Surgeon
by Alfredo Quinones-Hinojosa, M.D.

The Poison Squad: One Chemist's Single-Minded Crusade for Food Safety at the Turn of the Twentieth Century
by Deborah Blum

Grit: The Power of Passion and Perseverance
by Angela Duckworth

Josie's Story: A Mother's Inspiring Crusade to Make Medical Care Safe
by Sorrel King

Don't Kill the Birthday Girl: Tales from an Allergic Life
by Sandra Beasley

Small Steps: The Year I Got Polio
by Peg Kehret