Ashley Ridge High School
MRC Partnership

HOSA ILC 2018
Division: Secondary
AR HOSA Charter #: 19142
9800 Delemar Highway
Summerville, SC 29485

Advisors:
Stacie Elwood, Hanna Beckman, Minde Wheeler, Brittney Williams

MRC Partnership Committee Members:
Jackson Radcliffe-Chairman
Allie Karges and Jimmy Pugh

MRC Coordinator:
Sarah Ann Sports
SC Department of Health and Environmental Control
Lowcountry Office of Public Health Preparedness
4050 Bridge View Drive, Suite 600
North Charleston, SC 29405
Phone: 843-953-0064
Email: sportssa@dhec.sc.gov

medical reserve corps
Ashley Ridge
AR
hosa future
HOSA/MRC Partnership Verification Form

1. This form must be completed and uploaded to STEM Premier by FACH members of the team by the state published regional and state deadlines, and by May 15th for the International Leadership Conference.
2. A copy of this form must also be submitted as part of the portfolio. Note that a second signature from the MRC unit leader is needed, following their review of the finalized portfolio.
3. If there is not an MRC unit in your local community, contact HOSA-Future Health Professionals for next steps.
4. The MRC Partnership event is designed to encourage HOSA chapters to initiate and maintain a partnership with their local Medical Reserve Corps units. Through active engagement with the MRC, HOSA chapters and competitive events teams will be involved in their community and demonstrate the spirit and mission of the MRC and HOSA partnership.
5. The HOSA competitive events teams will actively engage with the Medical Reserve Corps by participating in activities that improve public health, increase emergency response capabilities and strengthen the resiliency of their communities while demonstrating an impact on their local community. The active engagement will typically involve the HOSA team working directly and often side-by-side with MRC volunteers, though on occasion it may consist of working on activities under the direction or guidance of the MRC unit leader.

Involved organizations include:

<table>
<thead>
<tr>
<th>HOSA Chapter:</th>
<th>Ashley Ridge High School * 1914A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
<td>9800 Decker Hwy Sc 29185</td>
</tr>
<tr>
<td>Advisor Name:</td>
<td>Stacie Edmond</td>
</tr>
<tr>
<td>Advisor E-Mail Address:</td>
<td><a href="mailto:Stacie.Edmond@dukehealth.org">Stacie.Edmond@dukehealth.org</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>MRC Unit:</th>
<th>Sarah Sports, MRC Low Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
<td>MRC Low Country</td>
</tr>
<tr>
<td>Unit Leader Name:</td>
<td>Sarah Ann Sports</td>
</tr>
<tr>
<td>Unit Leader E-Mail Address:</td>
<td><a href="mailto:Sarah.Ann.Sports@dukehealth.org">Sarah.Ann.Sports@dukehealth.org</a></td>
</tr>
<tr>
<td>Unit Leader Phone Number</td>
<td>843-856-0045</td>
</tr>
<tr>
<td>Unit Leader Mailing Address:</td>
<td>4050 Bridgeview Dr, Supe 200, N. Charleston, SC 29405</td>
</tr>
</tbody>
</table>

By signing here, I verify that I have read the HOSA MRC Partnership Event Guidelines and agree to the attached signed terms of the partnership, as presented in the Partnership Logistics Document:

HOSA Chapter Representative Signature: [Signature]

Date: 8/14/17

MRC Unit Leader Signature: [Signature]

Date: 8/14/17

At the conclusion of the project period, the HOSA team should share their portfolio with the MRC unit leader for review. A signature is required before each applicable regional, state, or international conference.

By signing here, I verify that I have reviewed the HOSA team's portfolio and find it to be an accurate representation of the HOSA/MRC partnership activities:

MRC Unit Leader Signature (before regional conference): [Signature]

Date: 2/21/18

MRC Unit Leader Signature (before state conference): [Signature]

Date: 5/10/18

MRC Partnership Guidelines (August 2017)
Partnership Logistics
Agreed Upon Terms of the HOSA/MRC Partnership:

Describe how HOSA chapter and MRC unit will maintain contact throughout this competitive events year?

This year our HOSA MRC team will remain in contact with Mrs. Ann Sports, MRC Unit Leader, through texts, phone calls, emails and face to face interaction. Our main sources of contact will be email and text messages between our MRC Chairman or Advisor and our MRC Coordinator, Mrs. Sports. We will collaborate and coordinate all events and rely on her guidance to ensure alignment with our local MRC needs. The MRC team will serve as the liaison between the MRC unit and our HOSA chapter. All 119 HOSA members are encouraged and welcome to participate in all partnership activities. Additionally, we will encourage all health science teachers to share information about activities with all students enrolled in a health science education course.

How frequently will MRC and HOSA chapter be in contact with each other?

Our MRC team has agreed to be in contact with Mrs. Ann Sports at least once a month to maintain contact. Our team will meet with Mrs. Sports more often as our activities require it. The members of the AR MRC team will remain in contact with each other on a weekly basis and will share information with our HOSA chapter at our bi-monthly meetings, and more frequently as activities required.

Who is responsible for initiating and maintaining contact?

The Ashley Ridge MRC partnership team will be responsible for initiating and maintaining all contact with the MRC/PHRC and Mrs. Ann Sports. Jackson Radcliffe, Ashley Ridge High School MRC Committee Chairman, together with our MRC team, will be in charge of planning activities and making sure that contact is maintained at the standard established. Our focus for this year will be impacting our local community, school, and HOSA chapter. The MRC Partnership Committee will work with Mrs. Ann Sports for the details of every activity planned.
Description of HOSA/MRC Partnership

Level: Ashley Ridge HOSA developed the MRC Team during the 2015-2016 school year. Entering our third year, we wanted our well established relationship to build upon our past successes and develop new activities to meet the needs of our community. We utilized our local MRC network of organizations, such as the American Red Cross, Helping Hands of Goose Creek, Dorchester County Emergency Management, and Dorchester County Drug Enforcement Administration, to make a greater impact within our community. The established partnerships have been essential in helping us reach our goals. Additionally, our HOSA chapter played a vital role in our success as their active participation in each activity expanded our impact capabilities. We are confident with each year, our MRC Team will continue to establish new members and increase involvement in the community and throughout the state.

Quality: Our local MRC Coordinator, Mrs. Ann Sports, made youth involvement in our community a priority. Mrs. Sports supported our MRC team as we discussed plans and ideas for activities we executed throughout this school year. Mrs. Sports helped our team impact the lives around us in the most impactful ways. Our exceptional working relationship, diversity of activities, and frequent collaboration demonstrates our solid partnership between Ashley Ridge MRC and our local and state MRC/PHRC units.

Quantity: We have maintained contact with Mrs. Ann Sports at least two times a month through emails and text messages since August 2017. It is important for our team to be in frequent contact with Mrs. Sports to ensure our plans provided the greatest impact to our community. Mrs. Sports and other local MRC volunteers provided direction during all events. MRC information was shared through social media and at our bi-monthly HOSA club meetings. Additionally, we focused on participating in various activities within each category and diverse settings (church, parade, school, etc.) to impact the greatest number of community members. Our focus on expanding our partnership to include more of our HOSA members, school, and community organizations has been an integral part of our success.
<table>
<thead>
<tr>
<th>Activity</th>
<th>MRC Category</th>
<th>Impact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Great American Smokeout</td>
<td>Strengthen Public Health</td>
<td>24 Health Science Classes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Over 600 students</td>
</tr>
<tr>
<td>Flu Facts</td>
<td>Strengthen Public Health</td>
<td>Over 2300 students</td>
</tr>
<tr>
<td></td>
<td></td>
<td>170 Classrooms</td>
</tr>
<tr>
<td></td>
<td></td>
<td>10 days of announcements</td>
</tr>
<tr>
<td>Healthy Lunch</td>
<td>Strengthen Public Health</td>
<td>78 children ages 4-15</td>
</tr>
<tr>
<td>Opioid Crisis</td>
<td>Strengthen Public Health</td>
<td>43 HOSA members</td>
</tr>
<tr>
<td>Opioid Epidemic</td>
<td>Strengthen Public Health</td>
<td>315 Health Science &amp; Physical Education Students</td>
</tr>
<tr>
<td>American Red Cross Blood Drives</td>
<td>Support a Non-Emergency Community Event</td>
<td>531 units of blood collected</td>
</tr>
<tr>
<td>Personal Hygiene Drive</td>
<td>Support a Non-Emergency Community Event</td>
<td>3900 items collected</td>
</tr>
<tr>
<td>Swampfest</td>
<td>Serve a Vulnerable Population</td>
<td>Over 950 Special needs students &amp; families</td>
</tr>
<tr>
<td>MRC Drive</td>
<td>Develop or Strengthen the HOSA/MRC Partnership</td>
<td>200 Faculty members</td>
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<tr>
<td></td>
<td></td>
<td>4 members signed up this year</td>
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<tr>
<td>Trunk-or-Treat</td>
<td>Improve Community Preparedness or Resilience</td>
<td>Over 40 youth ages 2-14</td>
</tr>
<tr>
<td>Social Media</td>
<td>Improve Community Preparedness or Resilience</td>
<td>15 Facebook posts</td>
</tr>
<tr>
<td></td>
<td></td>
<td>700 people reached</td>
</tr>
<tr>
<td>Medical Container Relocation Planning</td>
<td>Improve Community Preparedness or Resilience</td>
<td>9 months of planning through emails &amp; meeting</td>
</tr>
<tr>
<td>Until Help Arrives</td>
<td>Train or Exercise to Improve Community Response Capability</td>
<td>24 Health Science Classes</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Over 600 students</td>
</tr>
<tr>
<td>CERT Training</td>
<td>Train or Exercise to Improve Community Response Capability</td>
<td>2 students</td>
</tr>
<tr>
<td></td>
<td></td>
<td>48 total hours</td>
</tr>
<tr>
<td>National Level Exercise 2018</td>
<td>Train or Exercise to Improve Community Response Capability</td>
<td>2 members</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1 hour webinar</td>
</tr>
<tr>
<td>MRC TRAIN 101</td>
<td>Train or Exercise to Improve Community Response Capability</td>
<td>7 members @ 12:53 min</td>
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<tr>
<td></td>
<td></td>
<td>1.5 total hours</td>
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<tr>
<td>IS 100.B Training</td>
<td>Train or Exercise to Improve Community Response Capability</td>
<td>9 members completed</td>
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<tr>
<td>IS 700 A Training</td>
<td></td>
<td>54 total hours</td>
</tr>
</tbody>
</table>
Activity 1: Great American Smokeout

Impact: Strengthen Public Health

HOSA/MRC Partnership Interaction: Every year, on the third Thursday of November, smokers across the nation take part in the American Cancer Society Great American Smokeout event. To encourage smokers who are currently struggling to quit, students of Ashley Ridge High School plastered inspiring statements on a banner. Students were also provided the opportunity to take an oath to not smoke, or to stop smoking. MRC members posted the “#GASO” on their personal social media which broadened our impact.

Activity 2: Flu Facts

Impact: Strengthen Public Health

HOSA/MRC Partnership Interaction: When our MRC team began researching the flu problem that struck our local area, we began researching different ways to make an impact and make the situation better. We began making flyers and putting them in the front office of our school and in all of the teacher's mailboxes that gave helpful tips on how to stay healthy during the flu season. We even put flyers in the nurse's office for sick patients as well. We also made announcements each morning over the intercom to our entire school to promote healthy habits for staying healthy during flu season.
Activity 3: How Do I Choose a Healthy Lunch?

Impact: Strengthen Public Health

HOSA/MRC Partnership Interaction: Our MRC team went to a local church and presented to over 78 children on nutrition. Our team made a game promoting healthy eating for children from ages 4-15. Our team made pictures of different types of food and the children had to roller skate and pick out the healthy items. In doing this activity we were able to teach young children how to pick out healthy foods to eat for lunch each and every day! This activity was aligned with the Surgeon General’s priorities.

Activity 4: Opioid Crisis Speaker

Impact: Strengthen Public Health

HOSA/MRC Partnership Interaction: Our HOSA advisor Mrs. Elwood, along with two MRC members sat down with ECHO County Coordinator, Leah Reason, to discuss a course on the Opioid Crisis, one of the Surgeon General’s priorities. After much discussion we were able to have Mrs. Reason speak to our chapter and provide an introductory course which will provide all chapter members with information about the Opioid crisis. We encouraged all chapter members to attend the meeting, and to expand our outreach, our chapter meeting was open to all who wished to attend and inform themselves on the topic.
Activity 5: Opioid Crisis Follow Up Speaker

Impact: Strengthen Public Health

HOSA/MRC Partnership Interaction: After the feedback following Mrs. Reason’s presentation to our HOSA chapter, we coordinated with the Health Science and Physical Education classes to complete the four day in depth lesson on the Opioid Epidemic. Over 315 students completed the four day training.

Support a Non-Emergency Community Event

Activity 6: American Red Cross Blood Drives

Impact: Support a Non-Emergency Community Event

Description and HOSA/MRC Interactions: This year, Ashley Ridge High School hosted three blood drives in partnership with The American Red Cross. We collected 177 productive pints of blood or 531 units of blood available for patients across our region. Our HOSA members were encouraged to volunteer and work our sign up table the weeks leading up to the event and various stations the day of the event. We hope to expand our blood drive collection next year through friendly competition with rival schools.
Activity 7: Personal Hygiene Drive

**Impact:** Support a Non-Emergency Community Event

**HOSA/MRC Partnership Interactions:** This year we held our annual hygiene drive at Ashley Ridge. A collection bag was placed in each 1st period classroom for donated items and the MRC team counted items on a weekly basis. Announcements helped advertise the mission of this project and ignite competition between classes. We collected 3900 hygiene items. Given our student population of approximately 2300, that is that averages almost every student bringing in at least one or more items. We had almost full school participation in this activity. After Hurricane Irma struck the east coast we planned our event in response to this disaster. We nearly doubled our total from last year. All of the items collected went to Helping Hands of Goose Creek, where the items were donated to families in need.

![Image of hygiene drive]

Serve a Vulnerable Population

Activity 8: SwampFest

**Impact:** Support a Non-Emergency Community Event

**HOSA/MRC Partnership:** Our MRC and CERT partnered this year at Ashley Ridge’s annual special needs carnival “SwampFest.” Our booth was a dress up booth where children learned about different emergency responders and were allowed to try on equipment and uniform items. It was our goal to share emergency preparation information specific to the special needs population and familiarize the children with emergency responders’ equipment to decrease anxiety in the event of an emergency.

![Image of SwampFest]

![Image of SwampFest]
Develop or Strengthen the HOSA/MRC Partnership

Activity 9: MRC Drive at Faculty Department Meetings

**Impact:** Develop or Strengthen the HOSA/MRC Partnership

**HOSA/MRC Partnership Interaction:** On Wednesday, February 14th, each MRC member went to various departments to share the history and mission of the MRC and the importance of volunteers prior to an emergency. Brochures provided by Mrs. Ann were distributed as well as a link to the [www.scserv.gov](http://www.scserv.gov) website. After completing 6 department meetings, 4 new volunteers have been added to the registry. Information was shared with presentations to the other departments on February 28th.

![Image of MRC brochure]

Improve Community Preparedness or Resilience

Activity 10: Trunk-or-Treat

**Impact:** Improve Community Preparedness or Resilience

**HOSA/MRC Partnership Interaction:** For Ashley Ridge High School’s Trunk-or-Treat on October 20th 2017, the MRC group sponsored a booth that promoted disaster preparedness by using an “I Spy” game to engage a younger age bracket. Children were engaged and were able to learn the difference between items needed in order to stay safe in a disaster. After being able to point out several necessities, children were rewarded with a candy as an incentive. As a result the impact was on 40-50 youth.

![Image of children at Trunk-or-Treat]

![Image of MRC booth at Trunk-or-Treat]
Activity 11: Social Media

**Impact:** Improve Community Preparedness or Resilience

**HOSA/MRC Partnership Interaction:** Social media is one thing that all of our MRC group is constantly involved with. To better reach high school students, we knew that the majority of the student body would have an Instagram and/or Twitter account. We decided to continue posting on our MRC account that was created last year. We post about events that we are involved in and awareness campaigns that we receive from the MRC. By using Facebook, Instagram and Twitter, we are able to connect to our community at a whole new level. With our messages being shared by HOSA members, students, friends, family, and friends, we are able to help improve community preparedness. Overall all social media platforms have been a success and we hope to see it continuing to grow next year.

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Activity 12: Medical Container Relocation

**Impact:** Improve Community Preparedness or Resilience

**HOSA/MRC Partnership Interaction:** This year, Mrs. Sports helped coordinate a partnership between our MRC team and members of Dorchester County Emergency Management. Information regarding recent school shootings launched the discussion to address available resources on campus in the event of an active shooter. Dorchester County EM proposed the relocation of a medical container to the north end of campus that could be utilized by our school and surrounding community in the event of a disaster. Additionally, the medical container will be maintained by our MRC group in collaboration with the SC Hospital Association. Collaboration through email and a face to face logistics meeting was held between Mrs. Sports (Lowcountry PHRC), Mr. McNamara (Dorchester County EM), Mrs. Radcliffe (Principal), and Mrs. Elwood (HOSA Advisor). Dorchester County EM is working on acquiring some funding to help move the container to campus and is anticipated to occur prior to the 2018-2019 school year.
Train or Exercise to Improve Community Response Capability

Activity 13: CERT Training

Impact: Train or Exercise to Improve Community Response Capability

HOSA/MRC Partnership Interaction: This past year Ashley Ridge students, Emily Hathcock and Megan Kovacs went through Community Emergency Response Team (CERT) training with the Dorchester County EMD and the Charleston County Teen CERT Program as well. They have shared their knowledge with the HOSA chapter and have been integral in solidifying our partnership with the Dorchester County Emergency Management Department.

Activity 14: Until Help Arrives

Impact: Train or Exercise to Improve Community Response Capability

HOSA/MRC Partnership Interaction: Our MRC team spoke to the entire school faculty about the importance of the “Until Help Arrives” training program. Mrs. Ann shared statistics that show many deaths following a school shooting are contributed to the lack of controlling excessive bleeding. It is our mission to prepare our school community to avoid these unnecessary deaths. We challenged all faculty to complete the FEMA course and have their students complete the training as well. So far, all health science classes have completed the training and many faculty and staff. We look forward to providing the “Stop the Bleed” training next fall.
Activity 15: National Level Exercise 2018

Impact: Train or Exercise to Improve Community Response Capability

HOSA/MRC Partnership Interaction: On May 8th, FEMA held a National Level Exercise webinar on hurricane preparedness. Two MRC students participated to gain knowledge and ideas about how to implement activities and share information given our coastal geographical location. We are participating with Mrs. Sports for a community Hurricane Expo on June 2nd and will be discussing other options for being Hurricane Ready.

Activity 16: MRC TRAIN 101

Impact: Train or Exercise to Improve Community Response Capability

HOSA/MRC Partnership Interaction: Mrs. Sports recommended our MRC group to register with MRC TRAIN and utilize it for various online trainings. Our four advisors and three MRC students completed the MRC TRAIN 101 course as a prerequisite for future online courses.
Activity 17: IS-100 & IS-700 Online Training

Impact: Train or Exercise to Improve Community Response Capability

HOSA/MRC Partnership Interaction: Mrs. Sports recommended all MRC members complete the IS-100 and IS-700 Online Training modules. These modules introduced us to the Incident Command System and its relationship to the National Incident Management System.