

# Transcultural Healthcare Knowledge Test

***New for 2018-2019***  
 At ILC, [photo ID](#) must be presented prior to competing.

**Purpose** To encourage HOSA members to explore and learn about the importance of cultural competence for the promotion of health, the prevention and treatment of diseases and disorders, and the support of those in a diverse health community.

**Description** The event shall be a written test requiring competitors to apply, analyze, synthesize and evaluate information related to transcultural healthcare. Competitors will recognize, identify, define, interpret and apply cultural terms and concepts in a 100-item multiple-choice test plus a one tie-breaker essay question. Written test will measure knowledge and understanding at the recall, application or analysis levels. Higher-order thinking skills will be incorporated as appropriate.

**Dress Code** Competitors must be in official HOSA uniform or proper business attire. Bonus points will be awarded for [proper dress](#).

- Rules and Procedures**
1. Competitors in this event must be active members of HOSA-Future Health Professionals and in good standing in the division in which they are registered to compete (Secondary or Postsecondary/Collegiate).
  2. Competitors must be familiar with and adhere to the "[General Rules and Regulations of the National HOSA Competitive Events Program \(GRR\)](#)."
  3. One essay question will be administered with the original test. In case of a tie, the essay question will be judged and used to break the tie.
  4. The test plan and resources for the Transcultural Healthcare Knowledge Tests are:

**TRANSCULTURAL HEALTHCARE**

- Cultural foundations 15%
- Health, healing and family traditions 15%
- Cultural competence 20%
- Religion, rituals, health and illness
  - Native American heritage 10%
  - Asian heritage 10%
  - African American heritage 10%
  - Hispanic heritage 10%
  - European heritage 10%

**References for Transcultural Healthcare**

[Purnell, Larry. Transcultural Health Care: A Culturally Competent Approach, FA Davis.](#)  
[Spector, Rachel E. Cultural Diversity in Health and Illness. Prentice Hall.](#)

NOTE: *States/regions may use a different process for testing, to include but not limited to pre-conference testing, online testing, and testing at a computer. Check with your Area/Region/State for the process.*

5. All competitors shall report to the site of the event at the time designated for the event orientation. The test will immediately follow the orientation. At ILC, [photo ID](#) must be presented prior to competing. **No proxies will be allowed for the orientation.**
6. [Test Instructions:](#) Competitors will be given instructions on the use of the Scantron form. After instructions have been given to the competitors, they will be notified to start the test. There will be a maximum of **90 minutes** to complete the test. There will be a verbal announcement when there are 15 minutes remaining for the test period. Competitors may be excused from the testing site promptly after completion of the test.
7. The competitor should write his/her answer to the tie-breaker essay question on the tie-breaker page of the test that remains attached to the original test.

**Competitor Must Provide:**

- Event guidelines (orientation)
- Two #2 lead pencils with an eraser
- [Photo ID](#)

**FOR SPECIFICS ON EVENT MANAGEMENT SEE [MANAGING COMPETITIVE EVENTS](#)**

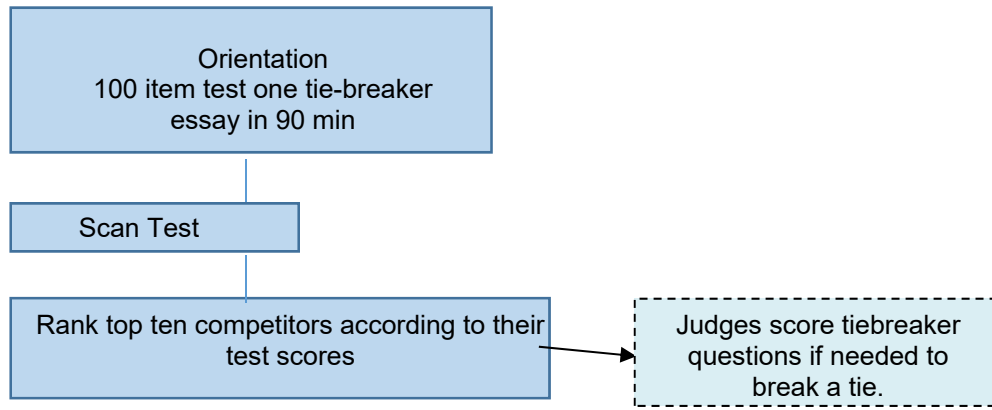
**Required Personnel:**

- One Event Manager
- One QA to provide quality assurance for the event by ensuring that the guidelines are followed and all event documents are complete.
- Proctors for Testing – Approximately one proctor for 20 competitors
- One judge who is considered by National HOSA Competitive Events committee to be an expert in the area being tested - to grade the essay questions in case of a tie
- Event assistants as needed

**Facilities, Equipment and Materials:**

- One room to accommodate the total number of competitors
- Tables/chairs or schoolroom desks/chairs for total number of competitors
- Table/chairs for event personnel to provide for registration and materials distribution
- List of competitors for check-in
- One pre-numbered test per competitor
- Scantron/answer forms- one copy per competitor
- Clock or timer
- Evaluation Forms – competitor and personnel
- #2 lead pencils with eraser to complete evaluations

## Event Flow Chart



## Sample Test Questions

1. Language literacy impacts both immigration and health care. What percent of the world's population is considered literate?
  - A. 82%
  - B. 66%
  - C. 50%
  - D. 33%
2. O'Neil describes \_\_\_\_\_ as selected cultural and sometimes physical characteristics used to classify people into groups or categories considered to be significantly different from others.
  - A. ethnicity
  - B. culture
  - C. race
  - D. nationality
3. According to Purnell, all of the following are considered to be causes of cultural, ethnic and racial diseases and illnesses EXCEPT:
  - A. lifestyle.
  - B. environment.
  - C. genetic.
  - D. spiritual.