Being a National HOSA mentor

1. Connect with Mentor at SFAM
2. Create a binder in order to have all information easily accessible.
   TABS - mentee information (print from Nat'l website)
   - State calendar
     - National website
     - State website
   - Mentoring guides (print from website www.hosa.org)
     - Highlight reminders
   - Contact notes
     - Bullet your contacts w/ mentee here
   - Sample messages
     - In the guide
     - This tab just makes them easier to find.
   - Emails
     - It print + save so I can easily refer back + reference in my future emails
     - Always respond back. They may not ask for specific things b/c they don't know what to ask for. If they tell you what they are working on, send them what you have related to that.
     - Send funny or inspirational memes. Especially during conferences.

3. Make sure they are aware of HOSA resources
   - lesson plans for teachers
   - TRAIN
     - New advisor handbook
     - National Staff

4. Send anything that helped you
   - email templates
   - Conference planning guides
   - SCRIPTS
   - Pow
   - Teacher emails/timelines
   - Bylaws
"If you want to be a lion, you must train with lions."
BE THE PERSON YOU NEEDED WHEN YOU WERE YOUNGER