

SAMPLE SCENARIO
CPR/FIRST AID

Scenario:

An elderly couple was driving to a HOSA - Future Health Professionals event to see their grandchild. The driver experienced chest pain and became unresponsive causing them to crash into a fountain out front of the event building.

Upon your arrival, the driver is laying on the ground beside the vehicle, the other passenger has blood on their arm from the broken window glass.

Skills to be Performed:

| | |
|---------------|-----------------------------------|
| Procedure I | Severe Bleeding and Shock |
| Procedure VI | Adult BLS/CPR |
| Procedure VII | Adult BLS/CPR (Rescuer 1 Assists) |

Total Time = 12 minutes

SAMPLE SCENARIO
CPR/FIRST AID
RESCUER #1 JUDGE INFORMATION

Read the competitor scenario and patient script.

The team has a total of 12 minutes to treat both victims.

The first victim is a live person who is suffering from bleeding/shock. The second victim will be a manikin who is suffering from full cardiac arrest.

Judge #1 will evaluate Rescuer 1 who is treating the bleeding/shock victim (rating sheet for Skill I) AND assisting with the cardiac arrest victim (rating sheet for Skill VII) So this means you will have two rating sheets to complete.

Skill I Bleeding and Shock - JUDGE Rating sheet steps:

10. Competitor should verbalize to you that direct pressure was maintained for at least 5 - 10 minute.
11. Judge tells the competitor, "Bleeding has not stopped."
13. Judge tells the competitor, "No further bleeding."
14. Judge tells the competitor, "Victim's overall appearance is grayish, cold and clammy."

After completing the first 16 steps, the competitor will begin assisting Rescuer 2 with BLS.

Skill VII Adult BLS/CPR Rescuer 1 Assists – JUDGE Rating sheet steps:

6. After completing the first 6 steps, the judge should state "EMS has arrived and has taken over care of the victim."

After Rescuer 1 has completed the first 17 steps, or at the 12-minute mark (whichever comes first) *One of the judges should state "EMS has arrived and has taken over care of the victim."*

Provide no extra assistance to the competitors.

SAMPLE SCENARIO
CPR/FIRST AID
RESCUER #2 JUDGE INFORMATION

Read the competitor scenario and patient script.

The team has a total of 12 minutes to treat both victims.

The first victim is a live person who is suffering from bleeding/shock. The second victim will be a manikin who is suffering from full cardiac arrest.

Judge #2 will evaluate the BLS/CPR procedure using the rating sheet for Skill VI, Rescuer #2 Initiates. Please note the following steps on the rating sheet where you must give verbal information to the competitors.

3. Determined breathlessness. **Judge states “*Not breathing.*”**
4. Judge states, “AED is not available.”
- 5b. Assessed carotid pulse and signs of circulation. **Judge states “*There is no pulse and the victim is not breathing.*”**

After Rescuer 1 has completed the first 13 steps, or at the 12 minute mark (whichever comes first) *One of the judges should state “EMS has arrived and has taken over care of the victim.”*

Provide no extra assistance to the competitors.

SAMPLE SCENARIO
CPR/FIRST AID
PATIENT SCRIPT

Severe Bleeding and Shock

You and your spouse were headed to the HOSA-Future Health Professional event to see your grandchild. Your spouse was driving when he/she became unresponsive, making him/her drive up and hit the fountain out front of the event building. This caused the window to shatter and your arm is all bloody.

You have already dragged your spouse out of the car (he/she is now laying on the ground beside the vehicle) and then you start yelling for help.

The rescuer will ask you some questions about what happened. Please respond appropriately.

You are alert and cooperative. You have a headache.

You are worried about your spouse. You should frequently ask about his/her condition.

You may be assisted to a lying position and covered with a blanket.

You are allergic to amoxicillin. Your spouse has a history of heart disease.

**PLEASE DO YOUR BEST TO RESPOND TO EACH TEAM IN
THE SAME WAY.**