

SLC Activities

Facilitator: Janice Atkinson

Each handout was double sided. We did a **Night Light Walk for LLS**. We only charged a minimum of \$15, with \$5 of that needed for a t-shirt and the remaining \$10 toward LLS. As I expected, many raised more. We had 540 walkers (65% of conference attendees) and raised \$6,422 for LLS. Not bad for our first time doing a special walk activity. It was really cool to see all the lanterns and very touching when the LLS representative had us all in a big room prior to the walk. We had one student HOSA member who is a survivor with just the white lantern lit. She spoke and thanked us for walking. Then those with yellow lanterns (knew someone who has had cancer) turned theirs on, followed by the red lanterns (supporters).

Last year's state officers developed the other two special activities. **HOSA Amazing Race** was held on Sunday evening for those not involved with competitive events. (Our events run Sunday night and all day Monday.) Teams of 3-4 members represented 26 chapters. Each team was given a clue to a location on the conference grounds. The clue included a scenario about a problem that needed attention once they got to the location. A chapter advisor was at each site to talk with the team about how HOSA members could help with the problem. Once answered correctly, the team received the next clue. There were 12 sites. Once all teams returned to the starting place, a discussion was held about how decision making, problem solving, communication, and teamwork are part of the HOSA experience.

Rather than a dance on Monday night, we did **HOSA Games**. Teams of 3-4 members represented 34 chapters. Other chapter members watched and cheered on their peers. In the first round, each team competed with another chapter during timed rotations of four fun and interactive activities that used health science skills. (Not high level skills, but great fun.) They did Medical Terminology, Syringe and Measurement, Operation Game, and Build the Highest Hospital (each room had to reflect a different area of the hospital). Chapter advisors were at each site – one to judge and the other to keep score.

All chapters rotated through and took turns which lasted about an hour. The area was cleared and round two set up. This was a relay race using a complete set of protective gear per team with all members needing to get from the start to the finish, putting on and removing the gear. The final activity, just for the sheer pleasure of fun and laughter, was the bean bag throw into bed pans. It all went very well, but next time we will provide ear plugs for the advisors!

Points were awarded to chapters who participated in these events, along with doing competitive events, attending breakout sessions, and serving as courtesy corps. At the Closing Session on Tuesday morning,

SLC Involvement Recognition was presented to all schools. Since chapter sizes vary, points were calculated on a percentage of total membership.



HOSA Amazing Race

Sunday, April 10, 2016

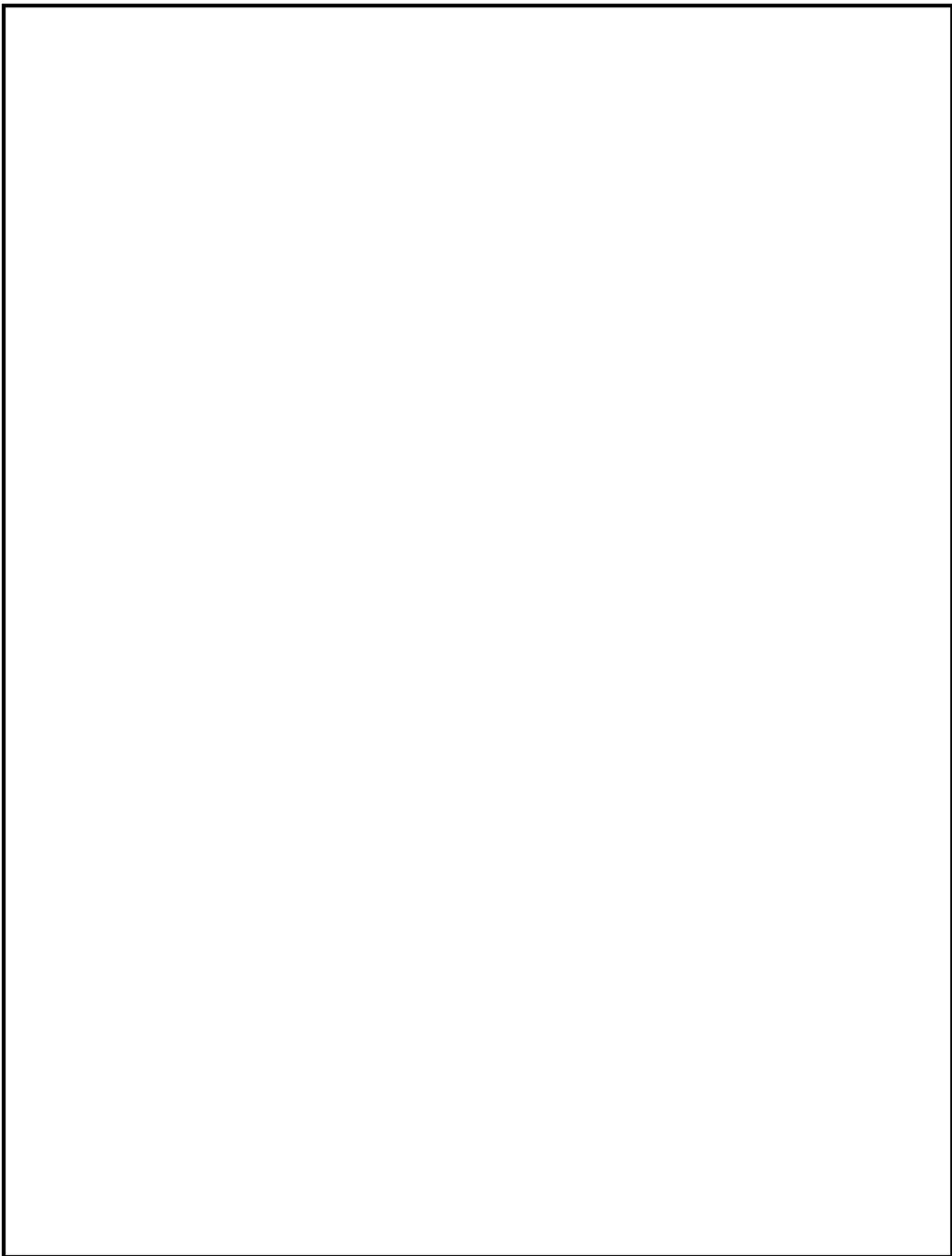
Starting at 7:00 p.m.

ON YOUR MARK - GET SET - GO

This is a fun, interactive activity **available to those not participating in competitive events on Sunday night**. It encourages decision making, problem solving, communication, and teamwork.

- ✚ Each chapter can have one team.
- ✚ Choose 3-4 chapter members to create a team. (If you don't have 3 or 4 available members, let us know how many would like to participate. We will help create a multi-chapter team.)
- ✚ Your team will be provided a colored bandana which must be worn visible on the head of each member. That is how we will keep track of the teams.
- ✚ Your team will be given a health science related scenario which will provide a clue to the location of someone who will determine if your answer to the scenario is correct. When approved, receive your next clue.
- ✚ Continue until all ten scenarios have been done. Return to the starting point with proof of visiting each location.
- ✚ Each team **MUST** return no later than 9:00 p.m.
- ✚ Safety must be the top priority. Walk quickly, but don't run.
- ✚ Clue givers will be at various indoor and outdoor locations on the Chula Vista grounds.
- ✚ Teams will have the same scenarios and locations, but will start at different places on the rotation.
- ✚ No teams will be detoured along the way.
- ✚ Chapter members cannot give answers or whereabouts of other teams.
- ✚ Completion of the scenarios and return of the team will provide chapter points.

**Advisors must register a team by March 21 if participating.
Please use attached form.**





HOSA Games

Monday Evening, April 11, 2016
Following Night Light Walk

TEAMWORK - CONCENTRATION - FUN

This is a fun, interactive activity that uses health science skills in friendly competition among chapters.

- ✚ Each chapter can have one team.
- ✚ Choose 4 chapter members to create a team. (If you don't have 4 members, let us know how many would like to participate. We will help create a multi-chapter team.)
- ✚ Chapters cannot change team members throughout the games.
- ✚ Your team will be provided something to designate you, perhaps a sign. This decision will be made once we know how many teams we will have.
- ✚ This is an indoor activity, held in the Grand Ballroom.
- ✚ Spectators are welcome to support and cheer on their team.
- ✚ Games will consist of a short demonstration of skills. They are timed to allow all teams to participate.
- ✚ Types of games will not be revealed prior to the event. They will be safe and appropriate for all.
- ✚ Advisors will serve as judges and score keepers.

Round 1

- ✚ There will be a rotation of four table stations to complete.
- ✚ Teams will compete against a different chapter each rotation.

Round 2

- ✚ There will be two timed relay races.

**Advisors must register a team by March 21 if participating.
Please use the attached form.**



**Wisconsin HOSA
Night Light Walk
April 11, 2016**
State Leadership Conference



Join hundreds of other HOSA members and advisors for the Night Light Walk on Monday evening following the Recognition Session during the State Leadership Conference. Change into your walking shoes for a one-mile trek around the beautiful Chula Vista grounds. Carry a lantern as a supporter, a survivor, or in memory or honor of a loved one or friend.

Register with your advisor **this week to participate in the HOSA Night Light Walk.**

Cost is \$15 per person. You can donate more if you choose. Collect money until SLC.

- You don't need to pay for it yourself
 - Ask three people to donate \$5
 - Ask fifteen people to donate \$1
 - Earn money helping others (lawn care, child care, etc.)

What you will **GIVE by participating in the HOSA Night Light Walk**

- Donation toward the Leukemia and Lymphoma Society
- Help prevent blood cancers
- Participation in HOSA National Service Project
- Chapter opportunity for state and national recognition
- Fun and rewarding experience for Wisconsin HOSA

What you will **GET by participating in the HOSA Night Light Walk**

- HOSA/LLS t-shirt
- Light-up lantern
- LLS recognition after walking
- Fun exercise with HOSA members and advisors
- Feeling of accomplishment
- Huge thanks from Wisconsin HOSA and Wisconsin Leukemia and Lymphoma Society

Advisors must send in chapter registration by Monday, March 21. Use form provided.

Since we will order the shirts and lanterns based on registration, money must be paid at SLC or before. Collect money from walkers and submit the payment at SLC before picking up shirts. If writing a check, make it **payable to Wisconsin HOSA**. Only registered walkers will get t-shirt, lantern, and recognition. Extras will not be available at the conference.

