

COMPETITION THROUGH HOSA – FUTURE HEALTH
PROFESSIONALS
A POSITIVE VIEW POINT

Competition is inherent in society. HOSA members throughout their future lives will be involved in many forms of organized or incidental competition for jobs, advancement, leadership roles, and numerous other forms of recognition.

The HOSA Competitive Events Program is designed to foster a positive attitude toward competition. Each event is competency based, and focuses on one's own ability to perform. Achievement is measured against standardized criteria.

It is important for advisors to understand and stress the positive benefits of student participation in the Competitive Events Program. The program provides an opportunity for competitors to strengthen knowledge, improve skills, and develop leadership ability. Self-confidence and courage are benefits of health competition. Being able to improve interpersonal relationships and accept with grace both success and defeat are characteristics of the leaders of tomorrow.



HOSA members should be encouraged to analyze their own abilities in the process of deciding an area of interest and entering a competitive event.

Competitive Events should evolve as a part of the natural, planned flow of the instructional process. HOSA Competitive Events Guidelines are instructional tasks, and they should be used as any other teaching resource. The use of Competitive Events in the classroom do not govern instruction but are supportive tasks to enhance instruction.

Preparation for participation in HOSA – Future Health Professionals Competitive Events Program is about the member's journey. The journey should encompass the core values of the organization – learning, leadership, service and innovation.

With eighty-four available competitive events, members are encouraged to begin a journey through selection of a competitive event that is a fit for them. From written test, skill demonstration, leadership development, teamwork events, and recognition; the Competitive Events Program has something for all members.

Participation should reflect the mission of the organization to empower HOSA – Future Health Professionals to become leaders in the global health community through education, collaboration and experience.



<p>Health Science</p> <ul style="list-style-type: none"> ○ Behavioral Health ○ Cultural Diversities & Disparities ○ Dental Terminology ○ Health Informatics ○ Human Growth & Development ○ Medical Law & Ethics ○ Medical Math ○ Medical Reading ○ Medical Spelling ○ Medical Terminology ○ Nutrition ○ Pathophysiology ○ Pharmacology 	<p>Health Professions</p> <ul style="list-style-type: none"> ○ Biomedical Laboratory Science ○ Clinical Nursing ○ Clinical Specialty ○ Dental Science ○ Family Medicine Physician ○ Home Health Aide ○ Medical Assisting ○ Nursing Assisting ○ Personal Care ○ Pharmacy Science ○ Physical Therapy ○ Sports Medicine ○ Veterinary Science 	<p>Emergency Preparedness</p> <ul style="list-style-type: none"> ○ CERT Skills ○ CPR/First Aid ○ Emergency Medical Technician ○ Epidemiology ○ Life Support Skills ○ MRC Partnership ○ Public Health 	<p>Leadership</p> <ul style="list-style-type: none"> ○ Extemporaneous Writing ○ Health Career Photography ○ Healthy Lifestyle ○ Interviewing Skills ○ Job Seeking Skills ○ Organizational Leadership ○ Prepared Speaking ○ Researched Persuasive Writing & Speaking ○ Research Poster ○ Speaking Skills
<p>Teamwork</p> <ul style="list-style-type: none"> ○ Biomedical Debate ○ Community Awareness ○ Creative Problem Solving ○ Forensic Science ○ Health Career Display ○ Health Education ○ HOSA Bowl ○ Medical Innovation ○ Parliamentary Procedure ○ Public Service Announcement 	<p>National Geographic Learning Academic Testing Center</p> <ul style="list-style-type: none"> ○ Allied Health Statistics ○ Anatomy & Physiology ○ Biochemistry ○ Biology ○ Career Development ○ General Chemistry ○ Human Heredity ○ Math for Health Professionals ○ Microbiology ○ Organic Chemistry ○ Physics College ○ AAFP Family Medicine Career Test ○ Leadership ○ Occupational Health & Safety 	<p>Middle School</p> <ul style="list-style-type: none"> ○ Dynamic Decisions ○ Exploring Medical Innovations ○ Extemporaneous Health Poster ○ Foundations of Medical Terminology ○ Health Career Exploration ○ Health Career Display – MS ○ Health Career Preparation ○ Health Education ○ Healthy Lifestyle ○ Life Threatening Situations ○ Math for Health Careers ○ Foundations of Medical Reading ○ Foundations of Nutrition ○ Prepared Speaking ○ Public Health ○ Speaking Skills 	<p>Recognition</p> <ul style="list-style-type: none"> ○ Barbara James Service Award ○ Healthcare Issues Exam ○ HOSA Happenings ○ HOSA Service Project ○ Outstanding HOSA Achievement ○ Outstanding HOSA Leaders